# The Resource Directory



# A project of the Seminole County Child Abuse Prevention Task Force

In cooperation with the Children's Cabinet of Seminole County and the agencies and organizations providing programs and assistance to the residents of Seminole County.

Print edition revised 2017

Monthly updated online version available at

https://scresources.mobileocs.com





# Healthy Start Coalition of Seminole County

"With a Healthy Start.....every baby will blossom"

Your community partner

321-363-3024

Healthy Start is a free voluntary program for pregnant women and infants up to three years of age a system of care to achieve healthy outcomes. Services include: outreach, care coordination, home visiting, education, counseling and smoking cessation. Participants must be residents of Seminole County.

# Helpful Family Resources from Boys Town Central Florida

Every family faces unique challenges and can use some help from time to time. Boys Town Central Florida has effective programs that can make your family stronger and happier.

- » Parenting Classes: Improve your parenting skills and learn positive discipline strategies (scholarships available).
- » Outpatient Behavioral Health Clinic: Counseling and therapy for children's emotional and behavioral problems (accepts most major insurances, including Medicaid).
- » In-Home Family Services: A free service in which a trained Consultant can work with you in your home and on your schedule to help with tough problems.

Call today for more information 407-588-2170

Boys Town follows a policy of non-discrimination in accordance with the law.



f y

Providing Services in Seminole, Orange and Osceola Counties



boystown.org/central-florida





Molina Healthcare is a Managed Care Plan with a Florida Medicaid contract. The benefit information provided is a brief summary, not a complete description of benefits. For more information contact Molina Healthcare. Limitations, co-payments, and restrictions may apply. Benefits, formulary, pharmacy network, premium and/or co payments/co-insurance may change.

47004FL1214





www.seminolepreventioncoalition.org







## Prescription Drug Disposal Locations - Seminole County, FL

## **Altamonte Springs**

#### Altamonte Springs Police Department

451 E. Altamonte Dr. Altamonte Springs, FL 32701

Altamonte Springs Mall on the lower level between JC Penney and Macy's Call: 407-571-8463 Hours: 10 a.m. – 4 p.m. Monday – Saturday

#### Seminole County Sheriff's Office

120 W. Pineview St. Altamonte Springs, FL 32714 Call: 407-665-1700 Hours: 7:30 a.m. – 4:30 p.m. Monday – Friday

## Casselberry

#### Casselberry Police Department

4195 U.S. 17-92, Casselberry, FL 32707 Call: 407-262-7616 Hours: 7 a.m. – 6 p.m. Monday – Thursday

#### Lake Mary

#### Lake Mary Police Department

165 E. Crystal Lake Ave. Lake Mary, FL 32746 Call: 407-585-1300 Hours: 24/7

#### Seminole County Sheriff's Office

805 Primera Blvd. Lake Mary, FL 32746 Call: 407-665-1450 Hours: 8 a.m. – 5 p.m. Monday – Friday

### Longwood

#### Longwood Police Department

235 W. Church Ave. Longwood, FL 32750 Call: 407-260-3400 Hours: 8 a.m. – 5 p.m. Monday – Friday

#### Oviedo

#### Oviedo Police Department 300 Alexandria Blvd.

Oviedo, FL 32765 Call: 407-971-5700 Hours: 8 a.m. – 5 p.m. Monday – Friday

#### Seminole County Sheriff's Office

1225 E. Broadway St. Oviedo, FL 32765 Call: 407-665-1750 Hours: 8 a.m. – 4:30 p.m. Monday – Friday

#### Sanford

#### Sanford Police Department

815 Historic Goldsboro Blvd. Sanford, FL 32771 Call: 407-688-5070 Hours: 8 a.m. – 5 p.m. Monday – Friday

#### Seminole County Sheriff's Office

100 Eslinger Way Sanford, FL 32773 Call: 407-665-6550 Hours: 8 a.m. – 5 p.m. Monday – Friday

### Winter Springs

#### Winter Springs Police Department

300 N. Moss Road, Winter Springs, FL 32708 Call: 407-327-1000

Hours: 24/7

Guided by the belief that proper disposal of prescription medication is an essential activity in every community, the Pitch Your Pills campaign works to prevent abuse, protect the environment and prevent accidental poisoning. As a public awareness effort lead by the Seminole Prevention Coalition, it seeks to ensure that all residents of Seminole County are informed about the benefits of proper drug disposal and have access to a safe, convenient and environmentally friendly way to dispose their unused Rx and over-the-counter medications.

# **Next Generation** Manufacturing

Machining Solutions offers the most advanced industry-driven CNC simulation-based training system in the U.S. enabling students to master unlimited machining operations and tooling utilized in actual machine shops.

Looking for a career change or learning a new skill? Give us a call and we can put you on the right track to a fulfilling career!





910 Waterway Place, Longwood, FL 32750 | p: 407.478.6606 www.machiningsolutions.com



#### Friends of Abused Children

neglected, or abandoned. Friends is entirely operated and

Please help us fill the gaps in funding for these vulnerable

volunteering your time to help our community's children.



910 Waterway Place, Longwood, FL 32750 Tel 407.262.2141

friendsofabusedchildren.com



# OPEN <u>LATE NIGHT</u>, EVERY NIGHT!

Monday thru Friday: **4pm - 12am** Saturday & Sunday: **12pm - 12am** 

# 10 LOCATIONS NEAR YOU

#### **APOPKA**

620 S. Hunt Club Blvd. Apopka, FL 32703 407-478-5955

#### **LAKE MARY**

3801 W. Lake Mary Blvd. Lake Mary, FL 32746 407-585-0568

#### **OVIEDO**

1500 S. Alafaya Trail Oviedo, FL 32765 407-385-1790

#### **EAST ORLANDO**

11325 Lake Underhill Rd. Orlando, FL 32825 407-398-6702

#### **OAK RIDGE**

5900 S. John Young Pkwy Orlando, FL 32839 407-434-8171

#### WINTER GARDEN

13750 W. Colonial Dr. Winter Garden, FL 34787 407-905-4717

#### **KISSIMMEE**

1267 W. Osceola Pkwy Kissimmee, FL 34741 407-569-0220

#### ST CLOUD

2322 E. Irlo Bronson Kissimmee, FL 34744 407-279-5950

#### **SAND LAKE**

7556 Sand Lake Rd. Orlando, FL 32819 407-506-0002

#### **WEST MELBOURNE**

145 Palm Bay Rd NE, Unit 111 Melbourne, FL 32904 321-608-3595

www.nightlitepediatrics.com



In Home Social Service & Mental Health Service Provider

# About us

Visions Targeted Case Management is here to provide quality in home services to children and adults who suffer from mental health and behavioral challenges. Visions Targeted Case Management is focused to assist the community by providing advocacy services to assist our clients in achieving their goals. Our mission is to bring community based services into our client's home in order to provide a comfortable environment for treatment.

# Eligibility Requirements for Targeted Case Management services:

- · Must be receiving Medicaid or Medicaid eligible
- Continue to meet eligibility criteria for both Medicaid status/or disability
- Present need for services, such as coordination, and monitoring.
- Participate in the development of an individual Comprehensive Service Plan
- Clients do not need a prior mental health diagnosis to receive services. If a mental health diagnosis is not available, our well trained and accredited staff of Targeted Case Managers will assure the client is assessed by a licensed mental health professional in order to provide the client with an accurate mental health assessment and diagnosis.









**SERVICES-**









(407) 665-3346



- Services for children
- Limited urgent services for adults
- Services include: X-rays, cleanings, sealants, fillings, extractions
- · Payment options include Medicaid and self-pay

# Specialty Clinics

## (407) 665-3700



- Sexually Transmitted Diseases
   Breast & Cervical Cancer
- HIV/AIDS Services
- Teen Choices
- Adult and Child Immunizations
- Breast & Cervical Cancer Early Detection Program
- Travel Immunizations
- School Health

# Women Infants and Children (WIC)





- Services for eligible pregnant and postpartum women, infants and children up to the age of five
- Nutrition education and counseling
- Breastfeeding support

# Birth and Death Certificates

(407) 665-3226



 Birth certificates issued after the year 1930 for the State of Florida

# **Environmental Health**

## (407) 665-3604



 Educates, regulates and inspects facilities and operations such as septic systems, wells, public swimming pools and various institutional settings for cleanliness, safe food handling and disease control

## **Hepatitis Testing and Resources**

(407) 665-3019

Sanford Office 400 West Airport Boulevard, Sanford, FL 32773 Casselberry Office 132 Sausalito Boulevard, Casselberry, FL 32707

Clinic Appointment: (407) 665-3700 All Other Services: (407) 665-3000 www.seminolecohealth.com

# The Seminole County Resource Directory lists local, state and national resources as they relate to the specific needs of families.

Feel free to copy and distribute this publication as needed.

Additional bound copies may be obtained through The Child Abuse Prevention Task Force, also known as CAPTF. Additional electronic copies can be downloaded at <a href="https://www.seminolechildren.org">www.seminolechildren.org</a> or www.seminolepreventioncoalition.org

If you would like to place an ad in the directory or have any questions, please email SeminoleCountyCAPTF@gmail.com

# TO REPORT CHILD ABUSE OR ELDER ABUSE 1-800-96ABUSE (1-800-962-2873)

# For Emergencies, Dial 911 For More Resources and/or 24-Hour Counseling, Dial 211 <a href="https://reportabuse.dcf.state.fl.us/">https://reportabuse.dcf.state.fl.us/</a>

(This website provides information on how to report abuse online, via fax, reporting in Spanish & Creole, and TDD. There are also FAQ's and additional resources, such as definitions of abuse/neglect.)

This directory is intended to provide a comprehensive listing of programs and services available to Seminole County families. Our goal is to enable families to have the knowledge and tools necessary to receive the services that meet their individual needs. Some of the information contained within the directory may not be supported in full by the individual member agencies. Although CAPTF has made every attempt to verify the information contained within this directory, they are neither responsible for inaccuracies, acts nor consequences resulting from errors or omission.

# HANDY HELPFUL INFORMATION

Seminole County Government Website www.seminolecountyfl.gov

#### CITY CONTACT INFORMATION

#### ALTAMONTE SPRINGS

225 Newburyport Avenue, 32701 (407) 571-8121 www.altamonte.org

#### **CASSELBERRY**

200 Triplet Lake Drive (407) 262-7700 www.casselberry.org

#### **LAKE MARY**

100 North Country Club Road, 32795 (407) 585-1400 www.lakemaryfl.com

#### **OVIEDO**

400 Alexandria Boulevard, 32765 (407) 971-5555 www.cityofoviedo.net

#### **SANFORD**

300 North Park Avenue, 32771 (407) 688-5000 www.sanfordfl.gov

#### WINTER SPRINGS

1126 East SR 434, 32708 (407) 327-1800 www.winterspringsfl.org

#### **LONGWOOD**

175 West Warren Avenue, 32765 (407) 260-3440 www.longwoodfl.org

## SEMINOLE COUNTY PUBLIC LIBRARY

## **Branch Information**

All library branches are open Monday through Thursday 9:00am to 8:00pm, Saturday 9:00am to 5:00pm, and Sunday 1:00pm to 5:00pm. The library is closed on Friday.

#### **Northwest Branch Library**

580 Greenway Boulevard Lake Mary, Florida 32746 407-665-1640

#### **West Branch Library**

245 N. Hunt Club Boulevard Longwood, Florida 32779 40 -665-1670

#### **North Branch Library**

150 N. Palmetto Avenue Sanford, Florida 32771 407-665-1620

#### **East Branch Library**

310 Division Street Oviedo, Florida 32765 407-665-1560

Jean Rhein Central Branch Library

215 N. Oxford Road Casselberry, Florida 32707 407-665-1500

# SEMINOLE COUNTY SHERIFF'S OFFICE



SHERIFF DENNIS M. LEMMA

To enhance the quality of life by reducing crime and the fear of crime throughout Seminole County.

100 Eslinger Way
Sanford, FL 32773
(1/2 mile south of Lake Mary Boulevard on U.S. Hwy 17-92)

## **Seminole Neighborhood Policing**

#### **SNP West Division**

#### Sanford, Longwood, Lake Mary Communities

Division Office: 805 Primera Boulevard, Lake Mary, FL 32746 Office: 407-665-1450

# **Altamonte Springs Community**

Division Office: 120 W. Pineview Street, Altamonte Springs, FL 32714

Office: 407-665-1700 Fax: 407-665-1710

## **SNP East Division**

## Geneva, Oviedo, Casselberry Communities

Division Office: 1225 E. Broadway, Oviedo, FL 32765

Office: 407-665-1750 Fax: 407-665-1785

### John E. Polk Correctional Facility

211 Eslinger Way Sanford, FL 32773 Main number: 407-665-1200

## **Juvenile Justice Division**

Juvenile Assessment Center: 407-665-2400 Juvenile Detention Center: 407-665-4190

Youth Services Prevention and Enforcement Center: 407-665-7640

### The Florida Department of Health in Seminole County (DOH-Seminole)

The Florida Department of Health in Seminole County (DOH-Seminole) was founded in 1941. Today, the organization has two satellite offices – WIC in Casselberry and Environmental Health in downtown Sanford. Seminole County is currently ranked number four out of sixty-seven counties in the state of Florida for health outcomes and health factors. DOH-Seminole aims to protect, promote, and improve the health of all people in Florida through integrated state, county, and community efforts. DOH-Seminole is open Monday through Friday from 8 a.m. to 5 p.m. at the following locations:

Friday from 8 a.m. to 5 p.m. at the following locations:
<b>Environmental Health Service Center</b> 1101 East First Street, Sanford, Florida 32771407-665-3605
Sanford Service Center
Casselberry Service Center
Call 407-665-3200 or visit <a href="www.seminolecohealth.com">www.seminolecohealth.com</a> for more information.
Programs & Services
Birth and Death Certificates
Dental Care
Environmental Health
Hepatitis
Refugee Health
Tobacco Prevention Program
Tuberculosis
Office of Health Promotion and Education
Clinical and Nutritional Health Services
Breast and Cervical Cancer Screening
Family Planning
HIV
Immunization Clinic
STD
Teen Choices Health Clinic

# **HOSPITALS**

## Florida Hospital Altamonte 601 East Altamonte Drive, Altamonte Springs, FL 32701

Main	407-303-2200
Emergency Department	
Medical Records	
Administration Executive Offices	407-303-2200
Central Florida Regional Hospita	
1401 West Seminole Boulevard, Sanford,	
Main	
Emergency Department	
Medical Records	
Administration Executive Office	407-302-7392
South Seminole Hospital	
555 West State Road 434, Longwood, Fl	L 32750
Main	
Emergency Department	
Medical Records	407-767-5840
Administration Executive Office	407-767-5800
HOTLINES	
EMERGENCIES	011
Child Abuse	
Crime Line	
Crisis	
Domestic Violence (Safe House)	•
Rape (SAVS)	
Suicide Prevention Lifeline (national)	
2020-00-1-1	
Individual Hotlines:	
800-Runaway	1-800-786-2929
Providing crisis intervention and referral service to shelters, couns	seling, etc
A Safe Haven for Newborns	
AIDS Hotline, CDC, National Hotline Spanish	
AIDS Hotline, CDC, National Hotline, Creole	
AIDS Hotlines, Florida	
Alcoholics Anonymous Hotline	
Boys Town National Hotline	
CDC, National Information Hotline	
Child Find of America (Child Abduction)	
and Parent Hotline	
Child Support Enforcement	
Child Welfare Information Gate Way	
Child Help National Child Abuse Hotline	
Covenant House	407-482-0404

Comment House Nine Line	0000
Covenant House Nine Line 1-800-999-	
Crime Line	
Crisis/Suicide Hotline 407-425-	
Equal Employment Opportunity Commission	
Family Health Line of Florida	2229
Information/referrals/counseling: prenatal, infants, children & family planning.	
Federal Substance Abuse & Mental Health Services1-800-729-6686 / 1-877-7676-8432 SPAN	
Florida Abuse Hotline	
Florida Statewide Domestic Violence Hotline	1119
Florida "Quit for Life" Line-Smoking Cessation	6669
Guardian Ad Litem	5379
Court-appointed child advocates for abandoned, abused & neglected children.	
Harbor House Domestic Violence Hotline	
Job Corps	OBS
MADD (Mothers Against Drunk Driving)1-800-772-	6233
Narcotics-Anonymous	5157
National Adoption Center Help line	
National Domestic Violence/Child Abuse/Sexual Abuse	AFE
National Domestic Violence/Child Abuse/Sexual Abuse (Hearing Impaired)1-800-787-	3224
National Domestic Violence/Teen Dating Hotline (respect.org)1-866-331-	
National Drug Information Treatment and Referral Hotline	
National Hope Hotline Network	OPE
Provides counseling and referrals to local drug treatment centers, shelters, and counseling services. Responds to	
youth dealing with pregnancy, molestation, suicide, and child abuse. Operates 24 hours, seven days a week.	
National Hotline for Missing and Exploited Children	5678
National Office of Post Abortion Reconciliation and Healing (Project Rachel)1-800-5WE-C	
National Runaway Switchboard	
National Sexual Assault Hotline	
National Suicide Prevention/Veterans Crisis Line	2433
Parent Help / Florida Department of Health	
Poison Control Center	
Pregnancy Hotline	
SAFE Alternatives Information and Referral Line	8288
Safe House of Seminole - 24 hour hot line	
Temporary shelter for victims of domestic violence, crisis counseling safety planning, support groups, court.	3733
SAVS 24-Hour Rape Hotline(Seminole) 407-321-7273 / (Brevard) 321-784-	4357
Speak Out Hotline	
24-hour per day, 7 days per week anonymous tip line that encourages students, parents or community	031)
members to call with information concerning issues of school safety or security. Official hotline of Seminole C	ounty
Public Schools. Callers do not receive reward. Reporting at www.speakouthotline.org	o carrey
Suicide Prevention Lifeline (national)	3255)
Thursday's Child National Youth Advocacy Hotline	KIDS
Trevor Help Line: To Aid in Suicide Prevention in Gay and Questioning Youth1-866-488-	
Woman Care Centers	
1-07/-700-	<u>1</u>

# **FIRE STATIONS**

Altamonte Springs Fire Station # 11	175 Newbury Port Ave. Altamonte Springs FL 32701.	407-665-5175
Altamonte Springs Fire Station # 12	325 Douglas Ave. Altamonte Springs FL 32714	407-665-5175
Altamonte Springs Fire Station # 14	600 Hattaway Drive Altamonte Springs FL 32701	407-665-5175
Apopka Fire Station # 13	3860 E SR 436 Apopka FL 32703	
Casselberry Fire Station # 21	681 Seminole Blvd. Casselberry FL 32707	
Casselberry Fire Station # 22	7122 US 17-92 Casselberry FL 32730	
Casselberry Fire Station # 23	4810 Howell Branch Road Winter Park FL 32792	
Casselberry Fire Station # 25	1055 Red Bug Lake Road Casselberry FL 32707	
Chuluota Fire Station # 43	110 E 7th St. Chuluota FL 32766	
Geneva Fire Station #42	320 W SR 46 Geneva FL 32732	
Lake Mary Fire Station # 33	145 E Crystal Lake Ave. Lake Mary FL 32746	
Lake Mary Fire Station # 36	6200 Lake Mary Blvd. Heathrow FL 32746	
Lake Mary Fire Station # 37	911 Wallace Ct. Lake Mary FL32746	
Longwood Fire Station # 15	301 Warren Ave. Longwood FL 32750	
Longwood Fire Station # 16	930 Wekiva Springs Road Sabal Point FL 32779	
Longwood Fire Station # 17	400 Wayman St. Longwood FL 32750	
Oviedo Fire Station # 44	42 S Central Ave. Oviedo FL 32765	
Oviedo Fire Station # 46	300 Alexandria Blvd. Oviedo FL 32765	
Oviedo Fire Station # 48	1930 W. County Road 419 Oviedo FL 32766	407-971-4961
Sanford Fire Station # 31	303 French Ave. South Sanford FL 32771	407-688-5000 x5311
Sanford Fire Station # 32	300 E. Airport Blvd. Sanford FL 32773	407-688-5000 x5315
Sanford Fire Station # 34	4905 Wayside Drive Sanford FL 32771	
Sanford Fire Station # 35	201 W County Home Road Sanford FL 32773	
Sanford Fire Station # 38	1300 Central Park Drive Sanford FL 32771	407-688-5000 x5318
Sanford Fire Station # 41	3355 E SR 46 Sanford FL 32771	
Sanford Fire Station # 51	Sanford Airport Don Knight Lane Sanford FL 32773	
Winter Springs Fire Station # 24	102 Moss Road Winter Springs FL 32708	407-665-1912
Winter Springs Fire Station # 26	850 Northern Way Winter Springs FL 32708	
Winter Springs Fire Station # 27	5280 Red Bug Lake Road Winter Springs FL 32708	
Winter Springs Fire Station # 28	126 E SR 434 Winter Springs FL 32708	
Fire Station # 65	4999 N Orion Blvd, Orlando FL 32826	407-665-5175

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# Abuse

#### **Bikers Against Child Abuse**

407-227-2134

P.O. Box 781394, Orlando, FL 32878-1394

www.bacaworld.org

Bikers Against Child Abuse (B.A.C.A.) exists with the intent to create a safer environment for abused children. We are a body of bikers who empower children to not feel afraid of the world in which they live.

#### **Boys Town Central Florida**

407-588-2170

Main Office/Residential Services/In-Home Family Services/Common Sense Parenting/ Behavioral Health Clinic 975 Oklahoma St., Oviedo, FL 32765

Intervention & Assessment

407-588-2160

1350 Healing Place, Oviedo, FL 32765

www.boystown.org/central-florida; www.parenting.org

The Boys Town Integrated Continuum of Care® is a unique set of service levels, each designed to meet the specific, individual needs of youth and their families. The skills we teach at every level of our Integrated Continuum help young people learn valuable lessons that last a lifetime. Our research proven programs include Boys Town Intervention and Assessment Services, a short-term shelter for at-risk youth; Boys Town Family Home Program, a long-term residential program; Boys Town In-Home Family Services, works with at-risk families in their homes, and includes CINS/FINS (Children in Need of Services/Families in Need of Services); Boys Town Outpatient Behavioral Health Clinic and Common Sense Parenting Classes. Boys Town Common Sense Parenting is a 6-week, evidence-based class, approved for case plans, and held in several locations around Seminole County. There are classes for toddlers and preschoolers, and school aged children; also classes taught in Spanish available.

#### Circle of Friends Services, Inc.

386-259-5413

Fax: 386-753-9265

517 Deltona Blvd., Suite A, Deltona, FL. 32725

www.cofsfl.org

Email: friends@cofsfl.org

We are a trauma-based, private not-for-profit agency serving the mental health needs of children (0-18 years) and families in Central Florida. Our therapists are all licensed or license-eligible master's level clinicians. We specialize in the treatment of families and children who have experienced physical or sexual abuse, domestic violence or severe neglect. We provide services in Volusia, Flagler, Putnam, Seminole, Orange, Osceola and Brevard counties

IMPOWER 407-331-8002 / 407-478-4034

Orange/Seminole County: 587 E SR 434, Suite 1021, Longwood, FL 32750

The Village Transitional Housing Program/Independent Living: 3800 Dike Road, Winter Park, FL 32792 www.impowerfl.org

Independent living services through case management to youth 13-17 to support their transition into adulthood; life skills training including educational planning and support, career development, social skills development, health care and parenting skills training, Outpatient services, psychiatric clinic/medicine management and foster care.

#### Kids House of Seminole, Inc. at the Wayne Densch Family Trauma Center

5467 N. Ronald Reagan Blvd., Sanford, FL 32773

www.kidshouse.org

The mission of the Kids House Wayne Densch Children's Advocacy Center is to prevent child abuse and to aid child abuse victims and families by providing coordinated services in a safe, child-friendly environment from report and investigation through treatment and resolution. To accomplish this mission, Kids House provides a child-friendly facility for information gathering and treatment for victims of abuse. Clients receive services through our Child Advocate Program, the Child Protection Team, the Medical Trauma Program and mental health programs.

#### **Kinder Konsulting & Parents Too**

2479 Aloma Ave. Winter Park, FL 32792

To make a referral: www.kinderkonsulting.com

Our mission is to advance and promote the emotional, behavioral and developmental wellbeing of special needs children and their families. At Kinder Konsulting you will find a skilled team of caring clinicians dedicated to helping infants and children as well as their families.

#### RPJ & Company, Inc.

www.freedomrpjandco.com

Email: Kathy@rpjandco.com

Book for all types of abuse: Finding Purpose after Abuse.

#### Safe House of Seminole

#### Safe House of Seminole Outreach Program

P.O. Box 471279, Lake Monroe, FL 32747

www.safehouseofseminole.org / www.leavethehurtbehind.com / www.weRbrave.com

Safe House offers temporary safe haven for victims of domestic violence and their children, crisis counseling, safety planning, support groups, court program, relocation assistance, transitional housing, outreach services and youth violence prevention program.

#### Seminole County Friends of Abused Children, Inc.

407-921-1987

407-302-5220

407-324-3036

Fax: 407-324-3045

407-657-6692

Fax: 407-894-6010

24 hr. Hotline: 407-330-3933

P.O. Box 161351, Altamonte Springs, FL 32716

www.friendsofabusedchildren.org

"Friends" supports the needs of abused and neglected children in Seminole County by providing clothing, shoes, luggage, hygiene items, tutoring, summer camp, eyeglasses, therapy/counseling and some medical needs. We also help teens transitioning to the independent living program with life skills, money management classes and necessary household items. We work closely with several other community partners to fulfill any unmet needs that may arise if possible.

#### Seminole County Sheriff's Office Child Protective Services Division

407-665-5437

100 Eslinger Way, Sanford, FL 32773

www.seminolesheriff.org

Seminole County is one of seven sheriff's offices statewide, which contract with the Department of Children and Families to investigate child abuse and neglect within their respective counties. Since 2000, the Seminole County Sheriff's Office continues to redefine the way child abuse investigations are performed. Reports are received at the Florida Abuse Hotline in Tallahassee (1-800-96-ABUSE) and then transferred to Seminole County for investigation.

#### **Sexual Assault Victim Services (SAVS)**

407-665-6112

101 Eslinger Way, Sanford, FL 32773

24/hour RAPE HOTLINE – Seminole 407-321-RAPE (7273)

www.savsinc.com

SAVS is Seminole County's certified rape crisis program providing advocacy and support to survivors of rape and their loved ones. SAVS provides 24-hour advocacy and accompaniment, information and referral assistance, guidance through the criminal justice system, victim support groups, crime compensation assistance, sexual violence relocation assistance, rape prevention awareness and community education programs. Services are also available to non-reporting victims. All services are free.

#### Yellow Umbrella Child Abuse Prevention Center

321-723-2927/Fax: 1 (239) 302-1361

226 King Street, Suite 120, Cocoa, FL 32922

www.yellowumbrella.org

In-home parent aide, intensive in-home services to families who may be at risk for child abuse or neglect. A 12-18 month program with case management utilized by 104 CAP centers throughout the United States. Outcomes are effective, measurable and positive.

# **Addictions**

DrugRehab.com 877-677-4081

100 SE Third Avenue, Suite 1800, Fort Lauderdale, FL 33394 www.drugrehab.com/florida/orlando

Provides information and answers for people fighting addiction, including teen rehab centers.

#### Florida Dept. of Health in Seminole County Tobacco Program

407-665-3184

400 West Airport Blvd., Sanford, FL 32773

www.seminolehealth.com/services/tobacco-prevention

Provides a comprehensive approach to prevent and reduce tobacco use and prevent exposure to secondhand smoke. Services include education, training and cessation counseling. Oversees a countywide Students Working Against Tobacco (SWAT) Program.

#### **Recovery House of Central Florida**

1303 West 13th St., Sanford, FL 32771

www.rhcf.org

Transitional housing and support services for adult males with substance abuse issues.

#### **Serenity Now Counseling Center**

407-788-8600

407-327-1765 ext. 1900

Fax: 407-339-2129

407-323-5857

Fax: 407-322-8675

1061 Maitland Center Commons Blvd., Suite 206, Maitland, FL 32751

www.serenitynowcounseling.com

Eleven years of experience with adolescents and their families with both mental health and substance abuse issues. Relationship issues include marital discord, families in the midst of divorce and post-divorce family counseling. Experience with issues of depression, anxiety, grief and lost-life transitions. Addictions of all kinds.

#### The Grove Counseling Center, Inc.

Office and Outpatient Clinic

111 West Magnolia Ave., Longwood, FL 32750

The Grove Academy (Adolescent residential program)

580 Old Sanford/Oviedo Road, Winter Springs, FL 32708

#### www.thegrove.org

The Grove offers a wide variety of programs for the treatment of substance use and behavioral health disorders, with convenient locations in Longwood, Sanford, Downtown Orlando, and Winter Park. We offer outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents. High-quality affordable treatment; Medicaid accepted, sliding fee scale for those without insurance, many insurances accepted. The Grove also offers an after-school program and summer camp for elementary-aged children.

# **Adoptions**

A Center for Women 407-628-5433

315 N. Wymore Road, Winter Park, FL 32789

www.acenterforwomen.org

Email: ACenterForWomen@gmail.com

A Center for Women offers free pregnancy testing with official proof of pregnancy suitable for Medicaid or insurance. Free viability ultrasounds upon qualification; educational counseling about pregnancy, abortion, fetal development, STDs and their effects, and adoption; assistance finding shelter, maternity clothing, baby clothing and supplies.

#### **Bethany Christian Services**

1-407-877-4006

29 West Smith St., Winter Garden, FL 34787

www.bethany.org/central-florida

Bethany Christian Services is the nation's oldest and largest adoption and orphan care agency with over 65 years of compassionate service to children and families locally and around the world. Visit website to learn more about our local services.

#### Circle of Friends Services, Inc.

386-259-5413 517 Deltona Blvd., Suite A, Deltona, FL 32725

300 N. Ronald Reagan Blvd., Suite 202, Longwood, FL 32750

www.cofsfl.org

Email: friends@cofsfl.org

We are a trauma-based, private not-for-profit agency serving the mental health needs of children (0-18 years) and families in Central Florida. Our therapists are all licensed or license-eligible master's level clinicians. We specialize in the treatment of families and children who have experienced physical or sexual abuse, domestic violence or severe neglect. We provide services in Volusia, Flagler, Putnam, Seminole, Orange, Osceola and Brevard counties.

#### Community Based Care of Central Florida, Inc.

Fax: 407-681-0560 Administrative & Support Center: 4001 Pelee St., Orlando, FL 32817 Service Center: 2921 South Orlando Drive, Suite 150, Sanford, FL 32773 407-688-9650

www.cbccfl.org

CBC of Central Florida is a non-profit agency charged with developing community-based services and supports for children and families served by the child welfare system in Seminole County. For information on becoming a foster parent or about adoption, please call 1-866-90-CHILD.

#### **Forever Families Adoption Services**

407-422-0880

407-657-6692

Fax: 407-894-6010

321-441-2060

Fax: 386-753-9265

1155 South Semoran Blvd., Suite 1150, Winter Park, FL 32792

www.foreverfamiliesadoptions.org

Most services are home-based.

Forever Families provides domestic and international home studies and post-placement reports for people adopting privately. We also provide pre-and post-adoption education and counseling for adoptive families who have adopted either through foster care or privately. We are also forming support groups for adoptive families and grandparents raising grandchildren. We now provide services to expectant mothers (and fathers) wishing to place their baby, as well as parents who are having parental rights terminated by DCF and choose to do a private adoption.

#### **Kinder Konsulting & Parents Too**

2479 Aloma Ave. Winter Park, FL 32792

To make a referral: www.kinderkonsulting.com

Kinder Konsulting provides legally required Home Studies in domestic or international adoptions and required Post-Placement Home Studies as well as evaluation and treatment of attachment disorders and developmental delays. The Adoptive services are offered by independent contractors.

407-629-5437 Life for Kids

315 North Wymore Road, Winter Park, FL 32789 Fax: 407-629-5812

www.lifeforkids.com

Email: lifeforkids@yahoo.com

Life for Kids is a private, non-profit, Christian, licensed adoption agency. Their purpose is to serve women who are pregnant, their unborn babies and adoptive families. They provide decision-making counseling as well as adoption planning for women who are pregnant. Counselors are available 24/7 to talk and provide support.

# Advocacy

#### Office of the Attorney General, Bureau of Victim Services

386-238-4990

444 Seabreeze Blvd., Suite 500, Daytona Beach, FL 32118

www.myfloridalegal.com

Provides assistance with victim compensation, address confidentiality, criminal justice support/advocacy, crisis counseling, information and referral and personal advocacy.

# **Anger Management**

#### Anthropos Florida Group Inc.

407-222-4207

407 Wekiva Springs Rd., Suite 104, Longwood, FL 32779

www.anthroposflorida.com

Anthropos Florida Group Inc. provides mental health counseling at school and at homes to address the needs of our clients and their families. We understand that students need to be socio-emotionally stable in order to achieve their academic goals. We see clients at school to address behaviors and teach them coping skills. Cognitive, emotional and behavioral treatments are integrated into our approach to work with the students as well with their families at home.

#### **Breaking the Cycle Consulting**

954-299-9926

www.childtoparentviolence.com

www.breakingthecycleconsulting.com

Email: breakingthecycle@contractor.net

The silent suffering of parents abused by their child is a serious and often hidden issue within families. These acts harmfully impact the youth and family's ability to function together causing verbal, physical, psychological/emotional, and/or financial distress. Our current work brings healing to families suffering from parental abuse by children and equips parents, juvenile justice and child welfare agencies with research-based practices that provide results. Ultimately, our innovative approach transforms lives of those who once feared for their safety.

#### **Central Florida Dream Center (Also: Men, Women and Youth in Action)**

407-302-0880

540 Pecan Ave., Sanford, FL 32771

Mailing Address: P.O. Box 1385 Sanford, FL 32772

www.cfdreamcenter.org

We offer anger management classes, marriage I, parenting classes, circle of parents (parents helping parents), support and empowerment classes for abuse victims, after school programs, computer and typing classes, adult reading and math, a 12 step faith-based overcomes program for all forms of addictions, job career center where you can do a resume, look for jobs etc.

#### **Menscher & Associates Counseling Group**

407-529-5359

235 South Maitland Ave., Suite 213, Maitland, FL 32751

A 12-session cognitive behavioral therapy treatment model that employs relaxation, cognition and communication skills interventions. Certificate upon completion. Class satisfies requirement for local social service agencies and court orders.

#### New Life Connections, Inc.

407-322-7779

Sanford: 404 West 25th St., Sanford, FL

www.new-life-connections.org

Anger management outpatient program for adolescents that includes family sessions. We offer anger management for adults as well as one-day workshops or weekly group sessions. For more information call.

#### **South Seminole Hospital**

407-262-2200

555 West State Road 434, Longwood, Florida 32750

www.southseminolehospital.com

With a commitment to tailored personal care, South Seminole Behavioral Health offers comprehensive services to treat patients suffering from a full range of psychiatric and addictive disorders. In addition to adult units, serving patients 18 years or older, the Adolescent/Children's Unit specializes in behavioral point system and positive reinforcement models to treat patients between the ages of 3-17. The multidisciplinary team of specialists creates a treatment plan for each patient, working hand-in-hand with the patient's family and primary physicians, to ensure the best possible outcomes in the quickest possible timeframes. Inpatient services are offered 24 hours a day, seven days a week, in a quiet, private setting on the campus of South Seminole Hospital, a part of Orlando Health.

#### The Grove Counseling Center, Inc.

407-327-1765 ext. 1900

Fax: 407-339-2129

Office and Outpatient Clinic

111 West Magnolia Ave., Longwood, FL 32750

The Grove Academy (Adolescent residential program)

580 Old Sanford/Oviedo Road, Winter Springs, FL 32708

www.thegrove.org

The Grove offers a wide variety of programs for the treatment of substance use and behavioral health disorders, with convenient locations in Longwood, Sanford, downtown Orlando and Winter Park. We offer outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents. High-quality affordable treatment; Medicaid accepted, sliding fee scale for those without insurance, many insurances accepted. The Grove also offers an after-school program and summer camp for elementary-aged children.

#### **Yellow Umbrella Child Abuse Prevention Center**

321-723-2927/Fax: 1 (239) 302-1361

226 King St., Suite 120, Cocoa, FL 32922

www.yellowumbrella.org

Youth Anger Management: It's a Family Thing is taught by professionals who walk the youth through containment, prevention and resolution (PCR,) a process developed by Dr. Ron Potter-Efron. The goal is becoming an independent, self-sufficient, productive and non-violent adult.

# **Basic Needs**

211

1940 Traylor Blvd. Orlando, FL 32804

<u>www.211.org</u> 211 / 407-839-5357

This hotline, operated by Heart of Florida United Way, provides references to social service agencies in your area.

#### **Altamonte Springs Police Department COPS center**

407-571-8463

Fax: 407-282-2891

COPS Center 451 E. Altamonte Drive, Altamonte Springs, FL 32701 www.altamonte.org/index.aspx?NID=423

The Altamonte Springs Police Department conducts child safety seat inspections free of charge at the Altamonte Mall COPS Center, by appointment, Thursdays from 9 to 11 a.m. We are conveniently located at the Altamonte Mall lower level between JCPenney and Macy's. To schedule an appointment, call 407-571-8295. A child safety seat class is offered on the last Thursday of every month. This class allows parents, who meet certain qualifications, to purchase safety seats at a reduced price through the Healthy Start Organization.

#### **Catholic Charities of Central Florida**

407-658-1818 /Toll Free: 1-888-658-2828

1819 N. Semoran Blvd. Orlando, FL 32807

www.cflcc.org

The mission of Catholic Charities of Central Florida is to provide vital social services to people in need, regardless of their religious, social or economic background, to improve lives of individuals, families and the community. CCCF continues to lead as premier provider of social services to residents of Central Florida through collaboration with area parishes to provide health care services, free medical clinics, housing for the elderly, programs for women, children and families and additional emergency services such as benefits and food stamp advising utilizing a case management system.

#### Community Based Care of Central Florida, Inc.

Fax: 407-681-0560

321-441-2060

Administrative & Support Center: 4001 Pelee St. Orlando, FL 32817

www.cbccfl.org

CBC of Central Florida is a non-profit agency charged with developing community-based services and supports for children and families served by the child welfare system in Seminole County. For information on becoming a foster parent or about adoption, please call 1-866-90-CHILD.

#### **Harvest Time International**

225 North Kennel Road, Sanford, FL 32771

www.harvest-time.org

Email: clientservices@harvesttime.org

Harvest Time International offers a long term self-sufficiency program, where families and individuals with low income or in current financial hardship can receive assistance. We provide groceries, household items, cleaning supplies, paper products and diapers in exchange for low contributions. There is also free use of copier and fax machines, as well as personal assistance to apply for food stamps, Medicaid, cash assistance or Kid Care through ACCESS computer center. HTI is always in need of helping hands either for our local programs or our worldwide disaster relief. We have volunteer opportunities available for all ages (5 years and up) and health conditions.

#### **Haven of Hope Ministries**

407-298-2056

407-328-9900

Fax: 407-328-0527

1310 West Colonial Drive Orlando, FL 32804

www.cflhavenofhope.com

Email: havenofhope@cfl.rr.com

Haven of Hope Ministries is a faith based agency providing food, clothing, and support groups to individuals that are HIV/AIDS infected. Provides food bags for individuals that are documented to be living with a terminal illness and in poverty. Food Pantry hours: Mon, Wed, Thurs 9:30-3:00 p.m.

#### **HOPE** Foundation for the Homeless, Inc.

407-366-3422

407-875-2040

Fax: 407 875-3413

1812 Eyrie Drive Oviedo, FL 32765

Thrift Store: Mon.-Sat. 10 a.m.-5 p.m. Sonshine@hopehelps.org

Resource Center: M, T, W, Th 9 a.m.-2 p.m. (by appointment only) Resources@hopehelps.org

Food Pantry: Tue./Thu./Sat. 11 a.m.-2 p.m. Foodpantry@hopehelps.org

HOPE assists families and individuals that are either low income or on a fixed income or are experiencing a hardship of some kind. We offer case management, food, resources, clothing, shoes, and household goods. Access center and financial assistance. Those in need must make an appointment to see a case manager and bring ID and all documentation regarding their situation to their appointment.

#### Mustard Seed of Central Florida

12 Mustard Seed Lane, Orlando, FL

www.MustardSeedfla.org

The mission of The Mustard Seed Furniture and Clothing bank is to help to rebuild the lives of families and individuals who have suffered disaster or personal tragedy by providing household furnishings and clothing while being environmentally friendly.

#### **Night Lite Pediatrics Urgent Care**

407-585-0568

3801 W. Lake Mary Blvd., Lake Mary, FL 32746

https://www.nightlitepediatrics.com/

Email: Gpalacio@nightlitepediatrics.com Contact name: Galo Palacio

Night Lite Pediatrics Urgent Care clinics provides quality and personalized pediatric and adolescent urgent care in Central Florida. The clinics are open Monday through Friday from 4 pm to midnight, and from noon to midnight on Saturday and Sunday. We have 10 convenient locations in Central Florida. Night Lite Pediatrics takes all major insurances and provides budget friendly rates for patients without coverage.

#### **Rescue Outreach Mission of Sanford**

407-321-8224

1701 Historic Goldsboro Blvd. Sanford, FL 32771

www.rescueoutreachcfl.org

Email: info@rescueoutreachcfl.org

Comprehensive case management using the Family Team Conferencing Model to provide emergency shelter, food, clothing and spiritual guidance to disadvantaged, needy, homeless families with children. A newly designed state-of-the-art learning center provides residents with the tools they need to take online classes, write resumes and more.

#### SafeLink Wireless/Elite Marketing

1-800-723-3546

2110 Meadow Glen Cv., Unit 310, Winter Park, FL 32792

www.safelinkwireless.com

Email: FLfreephoneprogram@gmail.com

SafeLink Wireless has a free cell phone and minutes program for qualifying Floridians. Through the federal Lifeline program, SafeLink helps ensure access to health and emergency services. New customers receive their prepaid phones in the mail, and the phones come with 500 minutes for the first four months, 250 minutes every month after that, and unlimited texting. It is completely free.

#### The Center for Counseling & Consulting

407-678-6655

Fax: 407-657-7211

661 Seminole Blvd., Casselberry, FL 32707

The Center for Counseling & Consulting was established in 1974 and provides counseling and psychotherapy for children, youth, adults, couples and families. All affiliated professionals are fully licensed and credentialed in their areas of specialization.

The Sharing Center 407-260-9155

600 North Hwy 17-92, Suite 158, Longwood, FL 32750

www.thesharingcenter.org

Email: inquiry@thesharingcenter.org

Provide food, clothing, financial assistance, household goods for at risk households and a drop-in-center for the homeless with showers, haircuts, laundry services, computer access and phone charging. Walk-ins accepted Monday through Friday from 9 a.m. to noon or until capacity is reached. Financial applications are accepted on a lottery basis Monday, Tuesday and Thursday ONLY. Must be a Seminole County resident and have picture identification, Social Security cards and proof of residency, e.g. bill 30 days or newer.

# **Child Care**

#### **Early Learning Coalition of Seminole**

407-960-2460

Fax: 407-960-2489

280 Hunt Park Cove, Suite 1020, Longwood, FL 32750-7567

www.SeminoleEarlyLearning.org

The Early Learning Coalition helps income eligible, working families pay for child care. This assistance is available through a program called School Readiness. The Coalition also oversees the Pre-K program for Seminole County. These services were previously administered by 4C on behalf of the Coalition. Contact the Coalition for information on how to choose a child care center and where to find child care that best fits your family's needs.

#### **Night Lite Pediatrics Urgent Care**

407-585-0568

3801 W. Lake Mary Blvd., Lake Mary, FL 32746

https://www.nightlitepediatrics.com/

Email: Gpalacio@nightlitepediatrics.com Contact name: Galo Palacio

Night Lite Pediatrics Urgent Care clinics provides quality and personalized pediatric and adolescent urgent care in Central Florida. The clinics are open Monday through Friday from 4 pm to midnight, and from noon to midnight on Saturday and Sunday. We have 10 convenient locations in Central Florida. Night Lite Pediatrics takes all major insurances and provides budget friendly rates for patients without coverage.

#### **Seminole County PAL**

407-708-7641

Mailing: 100 Eslinger Way, Sanford, FL 32773 Physical: 1151 East 28th St., Sanford, FL 32773

www.seminolecountypal.org

We offer a spring and summer camp for children from kindergarten - 8th grade. Camps run during Seminole County Public Schools spring and summer vacations.

#### Seminole County Public Schools Voluntary Pre-K program

407-320-0463

239 Rinehart Road, Lake Mary, FL 32746

www.scps.k12.fl.us

Voluntary Pre-K is available to any child who is 4 years of age on or before September 1 of the current school year. Seminole County Public Schools offers both full and half-day programs. The half-day programs are at no charge. VPK is offered at several elementary schools in the district. For more information please contact the Pre-K office.

#### **UCP of Central Florida**

407-852-3300 ext. 2000

756 North Sun Dr., Lake Mary, FL 32746

www.ucpcfl.org

UCP of Central Florida gives children, both with and without special needs, the best possible start in life and equips them with the skills they need to reach their full potential. Designed for children ages 18 months through kindergarten, our charter school program features low staff per child ratios, small class sizes and a multi-disciplinary team approach. Children also have access to on-site physical, speech and occupational therapy; enrichment activities; and before and after school care.

# Community Organizations / Civic Groups Youth Services Programs / Youth Recreation

American Red Cross 407-894-4141

#### www.redcross.org

The American Red Cross is the largest humanitarian organization in the United States. Locally more than 1,700 volunteers help to provide programs and services in Orange, Osceola and Seminole counties. Some of the programs and services include disaster services to families in need, health and safety programs and youth development. The Teen Corps of the American Red Cross is a youth group, run by youth, and youth leadership, with mentoring provided by former members and adult staff. The Red Cross hosts several school-based Red Cross clubs in Central Florida as well. These young people are trained to respond in emergency situations; they are trained peer facilitators in vital Red Cross programs such as Basic Aid Training, Fire Prevention, CPR/AED and First Aid. Teen Corps teams teach these programs to children in community centers, after school clubs and programs and community shelters of all types in the tri-county area. Youth are trained in various phases of disaster response and ready to respond in the event of a natural or man-made disaster. Teen Corps members also participate in leadership development activities as well as several community outreach activities throughout the year. For more information call Myra Allcock ext. 5664 or email: teencorps@midfloridaredcross.org or look online.

#### **Big Brothers Big Sisters of Central Florida**

807 South Orlando Ave., Suite L, Winter Park, FL 32789

#### www.bbbscfl.org

We serve children ages 6-14 years old. If a child has a parent that is incarcerated, then they qualify from ages 6-18 in our MCOP program. Once matched, children in our program benefit from the power of mentoring, match events, and much more.

#### **Boys Town Central Florida**

407-558-2170

407-478-2996

Fax: 407-478-2999

Main Office/Residential Services/In-Home Family Services/Common Sense Parenting/ Behavioral Health Clinic 975 Oklahoma St., Oviedo, FL 32765

Intervention & Assessment

407-588-2160

1350 Healing Place, Oviedo, FL 32765

#### www.boystown.org/central-florida; www.parenting.org

The Boys Town Integrated Continuum of Care® is a unique set of service levels, each designed to meet the specific, individual needs of youth and their families. The skills we teach at every level of our Integrated Continuum help young people learn valuable lessons that last a lifetime. Our research-proven programs include Boys Town Intervention and Assessment Services, a short-term shelter for at-risk youth; Boys Town Family Home Program, a long-term residential program; Boys Town In-Home Family Services, works with at-risk families in their homes and includes CINS/FINS (Children in Need of Services/Families in Need of Services); Boys Town Outpatient Behavioral Health Clinic and Common Sense Parenting Classes. Boys Town Common Sense Parenting is a 6-week, evidence-based class, approved for case plans, and held in several locations around Seminole County. There are classes for toddlers and preschoolers, and school-aged children; also classes taught in Spanish available.

#### Charity & Love, Inc.

5372 Silverstar Road Orlando, FL 32808

407-522-4473

#### www.charityloveinc.com

The services provided to the community are online assistance for food stamps, community Medicaid, cash, emergency rental assistance and unemployment compensation. We also provide employment coaching, support counseling, housing/living services, and resource information for food. We have a clothing closet at the Semoran location. We assist customers who do not know how to apply and who cannot speak English. We also have Spanish and Creole speaking workers to assist in completing the process of the services.

Child Rescue Network 1-877-209-KIDS (5437)

Mailing Address: 926 Lake Baldwin Lane, Orlando, FL 32814 NOTE: No services are offered at this address. www.ChildRescueNetwork.org

All programs are offered via community outreach to churches, PTA's, homeowners associations, businesses and other venues. Through safety seminars held throughout the community, Child Rescue Network educates parents on specific methods they can utilize to better protect their children from abduction and sexual victimization. CRN also provides parents with FREE photo/thumbprint safety identification cards to have of their children. These cards are offered at various events in the community and are listed on our calendar of events at our website.

#### **City of Altamonte Springs - Special Needs Department**

407-571-8814

225 Newburyport Ave., Altamonte Springs, FL 32701 www.afrecreation.org / www.advisoryboardfordisabled.org

#### City of Casselberry - Recreation Division

407-262-7700 ext. 1575

Fax: 407-696-0016

200 North Triplet Lake Drive, Casselberry, FL 32707

www.casselberry.org

The Casselberry Parks and Recreation Division promotes a coordinated approach to providing quality recreation, cultural activities and facilities that anticipate and respond to the growing needs of our community, while protecting and expanding our natural resources.

#### **Dress for Success Greater Orlando**

407-628-0506

901 West Webster Ave. #43, Winter Park, FL 32789

www.greaterorlando.dressforsuccess.org

An international organization that assists women with interview-appropriate clothing as a tool to develop self-sufficient lives. Program Director: Courtney Reynolds

#### **Girl Scouts of Citrus Council**

407-896-4475

341 North Mills Ave., Orlando, FL 32803

www.citrus-gs.org

Girl Scouts of Citrus Council is a forerunner in the development of self-esteem and leadership skills of girls, young women and adults. The Girl Scout program is an informal educational program, carried out in small groups with adult leadership. It provides a wide range of exciting and fun activities developed around the interests and needs of girls. Girl Scouting is open to all girls, ages 5-17 (kindergarten through 12<sup>th</sup> grade).

Hands On Orlando 407-740-8652

1850 Lee Road Suite 218 Winter Park, FL 32789

www.handsonorlando.com

Email: info@handsonorlando.com

Hands On Orlando makes it easy to make a difference! We identify, plan, manage and lead volunteer projects you can join at non-profit organizations, public schools, parks and recreation centers in Central Florida. We've recruited and supported over 135,000 volunteers, assisted thousands who need helping hands and more than 300 non-profit organizations, schools and parks. Our volunteers learn about community issues and are inspired and empowered to solve problems. Every project is meaningful and hands-on and involves no administrative tasks or fundraising. Our typical project lasts for about three hours and no long-term time commitment is required.

#### Healthy Start Coalition of Seminole County, Inc.

321-363-3024

820 W. Lake Mary Blvd., Suite 108, Sanford, FL 32773

www.healthystartseminole.org

Email: info@healthystartseminole.org

Healthy Start Coalition of Seminole County is a system of care that offers all families access to prenatal care and all infants access to services that promote optimal growth and development. Healthy Start offers universal risk screening to all pregnant women and infants in Florida. The program provides ongoing care coordination, education and support to mothers and babies in our community to ensure that every woman, baby and family is connected to local resources.

#### **Mothers Against Drunk Driving (MADD)**

407-831-6233

341 North Maitland Ave., Suite 280, Maitland, FL 32751

www.madd.org

Yolanda Larson, Executive Director

Christina Alecse, Youth Coordinator

Carla Biermann, Victim Advocate

Service provided for youth include: education, underage drinking and drinking and driving prevention. Service for victims and survivors of drunk driving crashes include: information on the criminal and civil justice system, court accompaniment, referrals to resources, support groups, and emotional and written support.

#### **New Directions Community Outreach, Inc.**

407-265-2396

108 Forest Ave. Altamonte, FL 32701

We are making positive things happen in our community.

#### **Oviedo Citizens in Action**

407-325-3070

www.ocianow.org

OCIA meets the 2nd Monday of the month at Round Lake Park in Oviedo at 7 p.m. For more information contact Danny McKinney 407-325-3070. To aid, encourage and foster community improvements and participation of low-income families in Central Florida.

#### Seminole County Sheriff's Office Operation Right Track

407-708-7645

Mailing address: 100 Eslinger Way, Sanford, FL 32773 Physical address: 1151 East 28th St., Sanford, FL 32773

www.seminolesheriff.org

Operation Right Track is a two-day initiative designed to offer parents an avenue of intervention for youth on the edge of delinquency. Youth undergo a structured program designed to instill accountability. It is mandatory that families participate in both of the two-day sessions; no exceptions will be made. Open orientations are held on Wednesday evenings, 6 pm at 1151 East 28th Street Sanford, FL 32773.

#### **Seminole System of Care (SSOC)**

407-688-9650

2921 South Orlando Dr., Sanford, FL 32773

www.seminolesystemofcare.org

Email: SOCinitiative@cbc-ci.org

SSOC provides a family-driven, youth-guided, and culturally competent system of care, ages 13-21, with emotional and behavioral health needs. SSOC works in collaboration with community partners offering the Wraparound process, Wellness Recovery Action Plan (WRAP) workshops, training for professionals, youth and families as well as evaluation of services and needs within the community.

#### Simple Living Institute, Inc.

321-228-4310

P.O. Box 731741, Orlando, FL 32878

www.simplelivinginstitute.org

We promote simple and sustainable living practices such as organic gardening, alternative energy, and personal wellness. We hold an Organic Growers meeting that is free and open to the public on the 3rd Wednesday of each month from 7-9 p.m. at Leu Gardens. Other outreach services we provide include educational workshops for the public and garden start-ups for nonprofit and public organizations.

Speak Out 1-800-423-8477

#### www.speakouthotline.org

An anonymous tip line serving six Central Florida counties provides a live operator 24 hours a day, seven days a week for youth, parents and teachers who call to report crimes or potential crimes in the schools, neighborhoods or homes where young people live. If a tip leads to solving a crime or resolving an unsafe situation the tipster may be eligible for a cash reward.

#### **Special Olympics Seminole County**

407-212-8040

P.O. Box 520742, Longwood, FL 32752-0742

www.specialolympicsflorida.org/seminole/

In addition to sports and physical benefits, SOSC offers athletes a great social outlet, as well as allowing parents and family members to build relationships of their own.

#### **Seminole Prevention Coalition**

407-212-8040

407-327-1765 ext. 1900

Fax: 407-339-2129

100 Eslinger Way, c/o Public Affairs Division, Sanford, FL 32773

www.seminolepreventioncoalition.org

Seminole Prevention Coalition is a community-wide coalition connecting non-profit, governmental, community-based organizations, local business and citizens to help strengthen the community through effective prevention efforts aimed at underage drinking, substance abuse, prescription drug abuse and tobacco use among Seminole County youth. SPC takes a leadership role in improving the quality of life for youth and families by providing research and education directed to build a strong, healthy and drug-free community now and in the future.

#### The Grove Counseling Center, Inc.

Office and Outpatient Clinic

111 West Magnolia Ave., Longwood, FL 32750

The Grove Academy (Adolescent residential program)

580 Old Sanford/Oviedo Rd, Winter Springs, FL 32708

#### www.thegrove.org

The Grove offers a wide variety of programs for the treatment of substance use and behavioral health disorders, with convenient locations in Longwood, Sanford, downtown Orlando and Winter Park. We offer outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents. High-quality affordable treatment; Medicaid accepted, sliding fee scale for those without insurance, many insurances accepted. The Grove also offers an after-school program and summer camp for elementary-aged children.

YMCA 407-321-8944

665 Longwood Lake Mary Road, Lake Mary, FL 32746

www.Ymcacentralflorida.com

Programs include: health and fitness, childhood obesity, aquatics, day camp, family, childcare, community development, sports, teens.

#### Youth MOVE Seminole / Youth MOVE Seminole Kids

407-600-4198

2921 South Orlando Dr. Sanford, FL 32773

www.seminolechildren.org/index.php/youth-move.html

Email: Verlese.pender@cbccfl.org

Through community outreach, monthly meetings and trainings, Youth MOVE Seminole (ages 13-25) and Youth MOVE Seminole Kids (ages 10-13) offer young people an opportunity to get together with peers, have fun, share ideas and begin to find their voice in advocating for themselves. Youth MOVE Seminole is an initiative of Community Based Care of Central Florida funded by the Families and Communities Together in Seminole (FACTS) children's mental health initiative.

# **Developmental Disabilities**

#### **Adapt Behavioral Services**

225 South Swoope Ave. #211, Maitland, FL 32751 Fax: 407-699-0444

www.Adapt-FL.com

Email: Maitland@adopt-FL.com

In-home & in-school behavior analysis services, skill training, parent training, individual counseling & family counseling. Funding through all Medicaid plans, Healthy Kids and many commercial insurance plans. Other funding is available for those without insurance.

#### **Agency for Persons with Disabilities**

Seminole County Intake Fax: 407-245-0578

400 West Robinson St., Suite 430, Orlando, FL 32801

apd.myflorida.com

The Agency for Persons with Disabilities assists people who have developmental disabilities and their families. It also provides assistance to identify the needs of people with developmental disabilities and funding to purchase supports and services through the med-waiver program if eligible.

#### Behavioral Support Services, Inc.

407-830-6412

407-622-0444

407-245-0440

801 Douglas Ave., Altamonte Springs, FL 32714 (*Until April 30, 2017*) Fax: 407-830-8413 2450 Maitland Center Parkway, Suite 301, Maitland, FL 32751 (*Starting May 1, 2017*)

www.BSSinspires.com

Behavioral services provided in home and school settings. Behavioral Support Services, Inc. is a Medwaiver provider and DCF Licensed Substance Abuse Provider. We accept Medicaid, private insurance, private pay, and agency funding. Services include mentoring, respite, behavioral analysis, mental health counseling, psychiatric care and case management. Staff includes Master Level Therapists, Licensed Mental Health Professionals and Board Certified Behavior Analysts.

#### **City of Altamonte Springs - Special Needs Department**

407-571-8814

225 Newburyport Ave., Altamonte Springs, FL 32701

www.afrecreation.org / www.advisoryboardfordisabled.org

The City of Altamonte Springs Special Community Services, in conjunction with the Advisory Board for the Disabled, Inc., provides social activities throughout the year at minimal cost to the mentally and physically challenged population in Altamonte Springs and Central Florida. Programs include monthly dances, field trips, and belly dancing; weekly bowling, craft nights, games nights, karaoke nights, and cheerleading; and summer/winter camp. Ages 13 and up. Currently looking to outreach to younger age.

#### Department of Health, Children's Medical Services

407-858-5555/1-800-226-6530

Fax: 321-281-3886

407-478-5621

Toll Free: 1-800-262-1596

7000 Lake Ellenor Drive, Orlando, FL 32809

www.cms-kids.com

CMS assists families with children from birth to 21 years of age with special health care needs. CMS has specialty programs, pediatric primary care physicians, pediatric sub specialists and therapists to assist in the overall care of our patients.

Devereux 321-281-3840

5749 Westgate Dr., Suite 102, Orlando, FL 32835

www.devereux.org

Devereux offers services to individuals with developmental disabilities both at home, school and in the community. Devereux offers community based services as well as long-term residential services.

#### **Down Syndrome Association of Central Florida**

204 North Wymore Road, Winter Park, FL 32789 Fax: 407-478-5698

www.dsacf.org

Email: info@dsacf.org

Resources and support for individuals with Down syndrome and their families. Annually offer free medical clinic, monthly support meetings, playgroups, parent and doctor information packets, annual statewide conference, Buddy Walk, and more.

FDLRS Action 407-317-3674

3130 Edgewater Dr., Orlando, FL 32804

www.fdlrsaction.org

Florida Diagnostic Learning and Resource System (FDLRS) provides free parenting workshops, professional development for educators, and child find/referral services for families concerned about their child's development.

Florida Autism Center 407-413-9550

791 Rinehart Rd., Lake Mary, FL 32746 Fax: 1-866-610-0580

www.flautism.com

Early intervention and school applied behavior analysis. Birth to age 13.

Freedom Ride 407-293-0411

1905 Lee Road, Orlando, FL 32810

www.freedomride.com

Freedom Ride is a 501(c)(3) not-for-profit organization dedicated to enriching the lives and experiences of individuals with disabilities in the Central Florida area through therapeutic horse riding and related activities. Freedom Ride is the only Premier Accredited Center of the North American Riding for the Handicapped Association (NARHA) in Central Florida.

#### **Kinder Konsulting & Parents Too**

2479 Aloma Ave., Winter Park, FL 32792 Fax: 407-894-6010

#### www.kinderkonsulting.com

We provide mental health counseling, behavioral supports and psychiatric services to children ages 0-9. Our mission is to help infants and children with special needs live health, happy, productive lives. We provide services that promote the emotional, behavioral and developmental well-being of each unique child and his or her family.

#### **Seminole County Public Schools Exceptional Student Support Services**

407-320-0000

407-657-6692

400 East Lake Mary Blvd., Sanford, FL 32773-7127

#### www.scps.k12.fl.us

Exceptional Student Support Services provides a variety of services to children needing special education and enrolled in Seminole County Public Schools. Among these services are school social work, school psychology, school nurse, education focused occupational/physical/speech/language therapies and school-based guidance counseling services.

#### **Special Olympics Seminole County**

407-212-8040

Fax: 407-834-3870

P.O. Box 520742, Longwood, FL 32752-0742

Specialolympicsflorida.org/Seminole/

Special Olympics Seminole County provides FREE year-round sports training and competition to intellectually challenged athletes ages 8 and up in over 10 Olympic-type sports.

#### The Center for Counseling & Consulting

407-678-6655

661 Seminole Blvd., Casselberry, FL 32707

Fax: 407-657-7211

The center was established in 1974 and provides counseling and psychotherapy for children, youth, adults, couples and families. All affiliated professionals are fully licensed and credentialed in their areas of specialization.

# The University of Central Florida's Center for Autism & Related Disabilities (UCF CARD)

407-823-6011

12424 Research Parkway, Suite 1038, Orlando, FL 32826www.ucf-card.org

Email: ucfcard@ucf.edu

We are concerned families and professionals who, since 1993, have provided services to individuals with autism and related disabilities (including hearing and vision impaired, hearing impaired or vision impaired with other disabling conditions) to their families and to the professionals who work with them. The Florida State Legislature allocates funds that are administered to the seven regional CARD sites through the state's Department of Education.

#### **UCP of Central Florida**

407-852-3300 ext. 2000

756 North Sun Dr., Lake Mary, FL 32746

#### www.ucpcfl.org

At UCP of Central Florida, we are the experts for children with special needs. By providing the best support, education and therapy, we offer hope to everyone touched by a disability. We serve kids with all types of special needs including cerebral palsy, Down syndrome, autism, speech delays, developmental delays, and vision and hearing impairments. Our unique programs provide an exceptional environment for children and families to learn and more importantly grow.

# **Domestic Violence**

#### **Choices-Changes Counseling Center**

1301 South International Parkway, Suite 2021, Lake Mary, FL 32746 Fax: 407-323-2374

www.choiceschangescounseling.com

Email: choiceschanges@bellsouth.net

We provide supervised supervision and monitored exchange for court-ordered clients in a safe and secure environment. We have 3 levels of supervision: observation, observation and parenting, and therapeutic by a licensed mental health counselor. Member of the Supervised Visitation Network.

#### Circle of Friends Services, Inc.

386-259-5413

Fax: 386-753-9265

407-268-4441

517 Deltona Blvd., Suite A, Deltona, FL 32725

300 N. Ronald Reagan, Suite 202, Longwood, FL 32750

www.cofsfl.org

Email: friends@cofsfl.org

We are a trauma-based, private not-for-profit agency serving the mental health needs of children (0-18 years) and families in Central Florida. Our therapists are all licensed or license-eligible master's level clinicians. We specialize in the treatment of families and children who have experienced physical or sexual abuse, domestic violence or severe neglect. We provide services in Volusia, Flagler, Putnam, Seminole, Orange, Osceola and Brevard counties.

#### New Life Connections, Inc.

407-529-5359

404 West 25th St., Sanford, FL 32771

www.new-life-connections.org

Certified Batterer's Intervention Program. For more information please call.

#### Office of the Attorney General, Bureau of Victim Services

386-238-4990

444 Seabreeze Blvd., Suite 500, Daytona Beach, FL 32118

www.myfloridalegal.com

Provides referrals and assistance with victim compensation, relocation and address confidentiality.

#### Office of the State Attorney, 18th Judicial Circuit/Victim Services Division

407-665-6101

101 Eslinger Way, Sanford, FL 32773

Main: 407-665-6000

P.O. Box 8006, Sanford, FL 32772 - 8006

www.sa18.org

Prosecuting office for Seminole and Brevard counties. Division of Victim/Witness Services provides criminal justice advocacy for crime victims and survivors of homicide.

#### **Safe House of Seminole**

P.O. Box 471279, Lake Monroe, FL 32747

www.safehouseofseminole.org / www.leavethehurtbehind.com / www.weRbrave.com

Safe House offers temporary safe haven for victims of domestic violence and their children, crisis counseling, safety planning, support groups, court program, relocation assistance, transitional housing, outreach services and youth violence prevention program.

## **Education / Tutoring**

#### Adult Literacy League, Inc.

345 West Michigan St., Suite 100, Orlando, FL 32806

www.adultliteracyleague.org

Email: info@adultliteracyleague.org

The Adult Literacy League has trained literacy tutors in Seminole County who are available to help adults who have low levels of literacy. If you know someone who needs help with reading, or an ESOL adult who needs help with English language literacy, please have him or her contact us.

#### **Boys Town Common Sense Parenting Classes**

407-588-2170

407-422-1540

Fax: 407-422-1529

24 hr. Hotline: 407-330-3933

Administrative Line: 407-302-5220

www.boystown.org/central-florida/programs/csp

A practical, skill-based program that provides easy-to-learn techniques to help you with today's parenting challenges. These classes incorporate proven methods that were researched and developed at Boys Town. This class is for parents of school-aged children.

#### **Central Florida Dream Center (Also: Men, Women and Youth in Action)**

407-302-0880

540 Pecan Ave., Sanford, FL 32771

Mailing Address: P.O. Box 1385 Sanford, FL 32772

www.cfdreamcenter.org

We offer anger management classes, marriage counseling, parenting classes, circle of parents (parents helping parents), support and empowerment classes for abuse victims, after school programs, computer and typing classes, adult reading and math, a 12-step, faith-based overcomers program for all forms of addictions, job career center where you can do a resume, look for jobs, etc.

#### Child Rescue Network 1-877-209-KIDS (5437)

Mailing Address: 926 Lake Baldwin Lane, Orlando, FL 32814 NOTE: No services are offered at this address. <a href="https://www.ChildRescueNetwork.org">www.ChildRescueNetwork.org</a>

All programs are offered via community outreach to churches, PTA's, homeowners associations, businesses and other venues. Through safety seminars held throughout the community, Child Rescue Network educates parents on specific methods they can utilize to better protect their children from abduction and sexual victimization. CRN also

provides parents with FREE photo/thumbprint safety identification cards of their children. These cards are offered at various events in the community and are listed on our calendar of events at our website.

Crealdé School of Art 407-671-1886

600 St. Andrews Blvd., Winter Park, FL 32792

www.crealde.org

Crealdé School of Art features two galleries and a sculpture garden. Open to the public, admission free. We also offer studio courses in painting, drawing, photography, ceramics and sculpture for adults and children by a faculty of professional artists.

FDLRS Action 407-317-3674

3130 Edgewater Drive, Orlando, FL 32804

www.fdlrsaction.org

Florida Diagnostic Learning and Resource System (FDLRS) provides free parenting workshops, professional development for educators, and child find/referral services for families concerned about their child's development.

#### **Foundation for Foster Children**

407-422-4615

Fax: 407-671-0311

Toll Free: 1-800-262-1596

2265 Lee Road, Suite 203, Winter Park, FL 32789

foundationforfosterchildren.org/

Email: info@foundationforfosterchildren.org

The mission of the Foundation for Foster Children is to enrich the lives of children placed in foster care due to abuse and neglect by providing opportunities that nurture their ability to succeed both as individuals and contributing members of our community. We serve children ages 0-23 residing in Orange, Osceola and Seminole counties and fund activities such as dance lessons, sports leagues and tutoring

#### Friends of Children and Families Inc.

407-273-8444

11875 High Tech Ave., Ste. 200, Orlando FL 32817

www.Friendsofchildrenandfamilies.org

We offer a superb tutoring program with the goal of helping children within the child welfare system achieve academic success. We are dedicated to selecting tutors of the highest quality and matching them based on their individual expertise and experience. Our tutors' education levels range from some college to bachelor's and master's degrees. In addition, each of our tutors has successfully passed criminal background and reference checks. \*Private pay option available.

#### **Hannibal Square Heritage Center**

407-539-2680

642 New England Ave., Winter Park, FL 32789

www.hannibalsquareheritagecenter.org

Through a unique, award-winning exhibition of historic photographs and oral histories, the center pays tribute to the past, present and future contributions of Winter Park's historic African American community. The center also features exhibitions and educational programs that explore southern folklore and cultural preservation. Come share an inspiring history told by the people who have lived it! Free admission. Crealdé art classes are also held here.

#### PACE Center for Girls 407-992-0456

445 North Wymore Road, Winter Park, FL 32789

#### www.pacecenter.org

PACE girls are from high-risk environments and experience risk factors such as truancy, child abuse, parental incarceration, substance abuse and running away. As a result, they are at higher risk for entering or getting involved with the juvenile justice system because they are exposed to multiple risk factors. Most have not been successful in public school and are at risk of dropping out. PACE is a contracted Prevention Provider through DJJ and is also an alternative education site.

#### **Seminole County Public Schools**

407-320-0000

Fax: 407-992-0455

400 E. Lake Mary Blvd., Sanford, FL 32773

www.scps.us

The mission of Seminole County Public Schools (SCPS) is to ensure that all Early Childhood Program and Pre-K-grade 12 students acquire the knowledge, skills and attitudes to be productive citizens in our great country and in the global economy. SCPS was ranked as a High-Performing school district for 2013-2014 and has been an "A"-rated district since 1999. We ranked first in FCAT reading, math and science out of the 17 largest districts in Florida.

#### Seminole County Public Schools Exceptional Student Support Services

407-320-0000

400 East Lake Mary Blvd., Sanford, FL 32773-7127

www.scps.k12.fl.us

Exceptional Student Support Services provides a variety of services to ALL children enrolled in Seminole County Public Schools. Among these services are school social work, school psychology, school nurse, education focused occupational/physical/speech/language therapies and school-based guidance counseling services.

#### Seminole County Public Schools Voluntary Pre-K Program

407-320-0463

239 Rinehart Road, Lake Mary, FL 32746

www.scps.k12.fl.us

Seminole County Public Schools offers a high quality Voluntary Pre-K Program at many school locations throughout the district. Our VPK program focuses on kindergarten readiness skills in early reading, writing, and math as well as problem solving, critical thinking and social emotional development. Parents may choose either a FREE 3 hour VPK program or a full day program where tuition is paid for the afternoon. For information, please call the Pre-K office at 407 320-0463.

#### Seminole County Public Schools – Families in Transition

407-746-8518

Tuscawilla Middle School, 1801 Tuskawilla Road, Oviedo, FL 32745

Beth Davalos: beth\_davalos@scps.k12.fl.us

Comprehensive case management using the Family Team Conferencing model to meet the needs of Homeless families with school-aged children to include assistance with enrollment procedures, transportation to their school of origin, school supplies, free breakfast and lunch, tutoring if needed as well as services offered through grant funding.

#### **Seminole County Sheriff's Office**

407-665-6650

100 Eslinger Way, Sanford, FL 32773

#### www.seminolesheriff.org

Provide programs for children, parents, groups and social events on bullying, drug awareness, Internet safety, stranger safety, 911, navigating the dating years and more.

#### **University of Central Florida Toni Jennings Exceptional Education Institute**

407-823-6705

4221 Andromeda Loop, Orlando, FL 32816

#### www.tjeei.ucf.edu

With a commitment to equity and excellence, the Toni Jennings Exceptional Education Institute provides opportunities for lifelong learning and support for children and adults with exceptional needs and their families through interdisciplinary research and practice, professional development and partner collaboration.

## **Elder Adult Services**

#### Charity & Love, Inc.

5372 Silverstar Rd., Orlando, FL 32808

#### www.charityloveinc.com

The services provided to the community are online assistance for food stamps, community Medicaid, cash, emergency rental assistance and unemployment compensation. We also provide employment coaching, support counseling, housing/living services, and resource information for food. We have a clothing closet at the Semoran location. We assist customers who do not know how to apply and who cannot speak English. We also have Spanish and Creole speaking workers to assist in completing the process of the services.

#### City of Casselberry - Recreation

407-262-7700 x1575

Silverstar location: **407-522-4473** 

200 North Triplet Lake Drive, Casselberry, FL 32707

#### www.casselberry.org

The Center is open Monday – Friday, 8 a.m. - 4:30 p.m. for various senior programs including bingo, yoga, chairobics, tai chi, dance classes, bridge and specialty clubs.

#### **Hospice of the Comforter**

407-682-0808

480 West Central Parkway, Altamonte Springs, FL 32714

#### www.hospiceofthecomforter.org

Hospice of the Comforter is the only non-profit, community-based hospice serving incurably ill patients in Orange, Seminole and Osceola counties since 1990. Hospice of the Comforter provides a special kind of care that supports people with an incurable illness and their families. Hospice care enables patients to carry on alert, pain-free lives and to manage other symptoms so that their days may be spent with dignity and quality, at home or in a home-like setting.

## **Emergency Financial Services**

#### 211 United Way

1940 Traylor Blvd. Orlando, FL 32804

211 / 407-839-5357

Fax: 407-282-2891

407-658-1818 /Toll Free: 1-888-658-2828

This hotline, operated by The United Way, provides references to social service agencies in your area.

#### **Catholic Charities of Central Florida**

1819 North Semoran Blvd., Orlando, FL 32807

www.cflcc.org

Catholic Charities of Central Florida provides vital social services to people in need, regardless of their religious, social or economic background, to improve lives of individuals, families and the community. CCCF continues to lead as premier provider of social services to residents of Central Florida through collaboration with area parishes to provide health care services, free medical clinics, housing for the elderly, programs for women, children and families

and additional emergency services such as benefits and food stamp advising utilizing a case management system.

#### Department of Children & Families - ACCESS Florida Program

1-866-762-2237

www.myflorida.com/accessflorida

Apply for public assistance (food stamps, TANF, Medicaid). See website for a list of community partners.

#### Hemophilia Foundation of Greater Florida

1-800-293-6527

1350 Orange Ave., Suite 227, Winter Park, FL 32789

www.hemophiliaflorida.org

info@hemophiliaflorida.org

Our mission is dedicated to improving the quality of life for people with bleeding disorders and their families through education, information and referral services, advocacy and research.

#### **Jewish Family Services of Greater Orlando**

407-644-7593

Fax: 407-628-0773

2100 Lee Road, Winter Park, FL 32789

www.jfsorlando.org

Emergency assistance includes financial aid for rent and utilities in a one-time assistance program. Emergency assistance services are by appointment. Hours: Monday – Thursday 8 a.m. – 8 p.m.

#### **Seminole County Government - Community Services**

407-665-2300

535 W Lake Mary Blvd., Sanford, Florida 32733

www.seminolecountyfl.gov/departments-services/community-services/

Email: Infocommunity@seminolecountyfl.gov

Emergency financial assistance (rental, utilities, vision and dental) & veterans' services.

## **Employment Assistance & Training**

#### **Goodwill Industries of Central Florida, Inc.**

407-936-0469

4516 W. SR 46, Sanford, FL 32771

Fax: 407-936-0480

www.goodwillcfl.org

Learn effective interviewing techniques, locate jobs, develop a professional resume and discover your strengths. Open Mon/Wed/Fri: 9 a.m.-5 p.m., Tues/Thurs: 9 a.m.- 6 p.m.

#### **Work Force One Stop Career Center (Seminole County)**

407-531-1231

1209 Airport Blvd. Sanford, FL 32773

www.workforcecentralflorida.com

Find help with job training, recruitment, referrals, unemployment filing, interview skills seminar, high school education with childcare provided and relocation for victims of domestic violence and day labor.

**Christian HELP** 407-834-4022

450 Seminola Blvd., Casselberry, FL 32707

www.christianhelp.org / www.cfec.org

Client hours Tues. – Fri. 9:30 a.m. – 2:00 p.m. By appointment only. Christian HELP is devoted to preventing homelessness before it starts by assisting the unemployed to find jobs and providing for them materially and spiritually. With strong ties to employers and the community, Christian HELP equips and empowers job seekers through coaching, training, access to jobs and referrals to other resources they need to succeed. Food is available if the criteria are met.

## **Financial Counseling**

#### **Clearpoint Credit Counseling Solutions**

1-800-750-2227

3191 Maguire Blvd., Suite 100, Orlando, FL 32803

www.clearpoint.org

For more than 35 years we have provided free, confidential budget, credit and housing counseling, debt management and community outreach and education. Our mission is to help financially distressed people move from crisis to control by providing compassionate service and innovative and practical solutions. We see ourselves as a financial emergency room, creating hope and inspiring lasting change. We prepare a comprehensive review of income, expenses and debt, develop a budget, establish goals and create a written plan of action. We negotiate with mortgage lenders, servicers and other creditors to lower monthly payments and interest rates, and empower individuals with the knowledge and tools needed to make informed financial decisions.

## **Foster Care**

#### Circle of Friends Services, Inc.

386-259-5413

Fax: 386-753-9265

517 Deltona Blvd., Suite A, Deltona, FL 32725

300 N. Ronald Reagan Blvd., Suite 202, Longwood, FL 32750

www.cofsfl.org

Email: friends@cofsfl.org

We are a trauma-based, private not-for-profit agency serving the mental health needs of children (0-18 years) and families in Central Florida. Our therapists are all licensed or license-eligible master's level clinicians. We specialize in the treatment of families and children who have experienced physical or sexual abuse, domestic violence or severe neglect. We provide services in Volusia, Flagler, Putnam, Seminole, Orange, Osceola and Brevard counties.

Hours: Monday – Friday 8:30 a.m. – 5 p.m.

#### Community Based Care of Central Florida, Inc.

Fax: 407-681-0560

Business #: 407-647-1710

Administrative & Support Center: 4001 Pelee St. Orlando, FL 32817 Service Center: 2921 South Orlando Drive, Suite 150, Sanford, FL 32773

407-688-9650

321-441-2060

www.cbccfl.org

CBC of Central Florida is a non-profit agency charged with developing community-based services and supports for children and families served by the child welfare system in Seminole County. For information on becoming a foster parent or about adoption, please call 1-866-90-CHILD.

## Health and Medical

A Center for Women 407-628-5433

315 North Wymore Road, Winter Park, FL 32789

www.centerforwomen.org

Email: ACenterForWomen@gmail.com

A Center For Women offers free pregnancy testing with official proof of pregnancy suitable for Medicaid or insurance. Free viability ultrasounds upon qualification; educational counseling about pregnancy, abortion, fetal development, STD's and their effects and adoption; assistance finding shelter, maternity clothing, baby clothing and supplies. Community referrals.

AMERIGROUP 800-600-4441

2290 Lucien Way, Suite 210, Maitland, FL 32751

www.amerigroup.com

#### Department of Health, Children's Medical Services

407-858-5555/1-800-226-6530

7000 Lake Ellenor Drive, Orlando, FL 32809

#### www.cms-kids.com

CMS provides medical oversight and care coordination for children from birth to 21 years of age with special health care needs. For Orange, Osceola and Seminole counties.

#### Florida Department of Health in Seminole County

407-665-3000

400 West Airport Blvd., Sanford, FL 32773

#### www.seminolecohealth.com

The Florida Department of Health in Seminole County is a subsidiary of the State of Florida Department of Health with a local, county and state commitment. The diverse environment promotes public health through quality healthcare, education and community observation. The Florida Department of Health in Seminole County is committed to providing the highest quality of healthcare to the public including the uninsured and underinsured through various programs and services, and superior environmental and disease surveillance.

#### Florida Department of Health in Seminole County Dental Health Program

407-665-3346

400 West Airport Blvd., Sanford, FL 32773

Dental services for children who have Medicaid include cleanings, fillings, sealants, exams, X-rays and extractions. Limited urgent services available for adults.

#### Florida Department of Health in Seminole County HIV/AIDS Services

407-665-3700

400 West Airport Blvd., Sanford, FL 32773

Provides HIV education, medical and case management services; drug assistance program for qualified individuals.

#### Florida Department of Health in Seminole County Immunizations/Vaccines Program

407-665-3281

400 West Airport Blvd., Sanford, FL 32773

#### Childhood Vaccines

Effective September 1, 2013, all child vaccines will be provided through the Child Health Clinic, by appointment, for children without any form of health insurance and for those whose assigned Medicaid Medical Home is the Health Department. Call 407-665-3700 for appointment. School forms only (no vaccines needed) can be obtained directly through the Immunizations Clinic. Call 407-665-3281 for an appointment or more information regarding school forms only.

#### **Adult Vaccines and Travel Services**

Adult and travel immunization services are provided through the Immunizations Clinic, by appointment, for fees. Services include routine and occupational adult vaccines, lab titers, travel consults, travel vaccines and completion of college forms. Call 407-665-3281 for an appointment or more information.

#### 407-665-3700

#### Florida Department of Health in Seminole County Prenatal Clinic

400 West Airport Blvd., Sanford, FL 32773

www.seminolecohealth.com/Prenatal-Clinic.html

The goal of our Prenatal Clinic is to promote optimal health and wellness of our prenatal patient and her unborn child throughout her pregnancy. Our program provides comprehensive prenatal care from the initial exam throughout pregnancy and postpartum check-up. At the time of the patient's initial exam, she will begin planning to deliver at Central Florida Regional Hospital in Sanford. The patient will also be assigned to a private obstetrician or midwife who will care for her during her pregnancy and postpartum period. Some of the many services offered on our site are non-stress tests, blood work, prenatal health education, and counseling, social services, acute care visits, and WIC. Any patient in need of high risk prenatal care will be referred to a high risk OB clinic for a consultation or transfer of services if needed to Winnie Palmer Hospital in Orlando. Our prenatal case manager is available for any questions or concerns that may arise and our staff doctors are on call every day after 5 p.m. and on weekends. Additionally, our prenatal staff is sensitive to multicultural and multilingual needs. Payment methods for services include Medicaid or contract for those who do not have insurance. For more information, please contact the Seminole County Eligibility Department at 407-665-3386.

## Florida Department of Health in Seminole County STD Prevention and Control Program 407-665-3700 400 West Airport Blvd., Sanford, FL 32773

Provides confidential testing, diagnosis, treatment and counseling for all sexually transmitted diseases. Provides free condoms.

#### Florida Department of Health in Seminole County Tuberculosis Control Program

407-665-3018

400 West Airport Blvd., Sanford, FL 32773

Tuberculin skin testing; medical and nurse case management for active TB disease and latent TB infection; medication, lab testing, and chest x-rays for disease and latent TB infection.

#### Florida Department of Health in Seminole County WIC & Nutrition Program

407-665-3705

400 West Airport Blvd., Sanford, FL 32773

132 Sausalito Blvd., Casselberry, FL 32707

Email: chd59webmaster@flhealth.gov

The Florida Department of Health in Seminole County WIC Program

WIC is a federally funded special supplemental food and nutrition education program for Women, Infants and Children. WIC provides the following at no cost: healthy food during pregnancy and after delivery, nutrition education and counseling, breastfeeding support and referrals for health care and community services. The program is available for pregnant, postpartum, breastfeeding women, infants and children under 5 years of age. To qualify for WIC benefits, call 407-665-3705.

#### Florida Poison Information Center-Tampa

1-800-222-1222

#### www.poisoncentertampa.org

The Florida Poison Information Center-Tampa provides educational services, a phone hotline and information service. We are staffed 24/7 with toxicology experts. Educational services include printed material, programs and attending health fairs in our region. Programs include "Toddler Tidbits" for moms with young children, "Medication Safety" for seniors, "The Poison Garden" and "Herbal and Prescription Drug Interaction."

#### **Hispanic Health Initiatives, Inc.**

201 Live Oak Blvd., Casselberry, FL 32707 P.O. Box 1925, Casselberry, FL 32718

www.HHI2001.org

info@HHI2001.org

HHI was established to address the health needs of Hispanics and other medically under-served residents of Central Florida. HHI provides health literature, health risk assessments, diabetes classes, classes on control and prevention of chronic diseases, health screening and referrals. Some services, all of which are provided FREE, include: Referrals to free or low cost medical services, health fairs, campaign against Type-2 diabetes, breast and cervical cancer campaign, breast self-exam demos and breast health bingo.

#### **Hospice of the Comforter**

407-682-0808

407-339-2001/ Toll Free: 1-866-377-2583

480 West Central Parkway, Altamonte Springs, FL 32714

www.hospiceofthecomforter.org

Hospice of the Comforter is the only non-profit, community-based hospice serving incurably ill patients in Orange, Seminole and Osceola counties since 1990. Hospice of the Comforter provides a special kind of care that supports people with an incurable illness and their families. Hospice care enables patients to carry on alert, pain-free lives and manage other symptoms so that their days may be spent with dignity and quality, at home or in a home-like setting.

#### **Kinder Konsulting & Parents Too**

407-657-6692

Fax: 407-894-6010

2479 Aloma Ave., Winter Park, FL 32792

www.kinderkonsulting.com

Kinder Konsulting & Parents Too provides mental health counseling, behavioral supports and psychiatric services to children ages 0-9. Our mission is to help infants and children with special needs live health, happy, productive lives. We provide services that strive to promote the emotional, behavioral and developmental well-being of each unique child and his or her family.

#### New Hope for Kids, Inc.

407-331-3059 ext. 14

544 Mayo Ave., Maitland, FL 32751

www.newhopeforkids.org

information@newhopeforkids.org

New Hope for Kids provides specialized support to children (ages 3-18) and families grieving the loss of a loved one and grants wishes to children with life-challenging illnesses in Central Florida.

PFLAG 407-236-9177

P.O. Box 141312, Orlando, FL 32814

www.pflagorlando.org

pflagorlando@yahoo.com

PFLAG (Parents, Families and Friends of Lesbians and Gays) promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends. This is done through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Parents, Families and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity and acts to create a society that is healthy and respectful of human diversity.

#### Planned Parenthood of Southwest and Central Florida

East Orlando Health Center: 11500 University Blvd., Suite B, Orlando, FL 32817

Downtown Orlando Health Center: 726 South Tampa Ave., Orlando, FL 32805

321-235-5513

407-246-1788

#### MyPlannedParenthood.org

We provide reproductive health services for men, women and teens. Our services include birth control, sexually transmitted infection testing, HIV testing, well-woman exams, cervical cancer screenings and treatment, vasectomies, and medical and surgical abortions. We provide medically accurate, age-appropriate sexuality education for middle school, high school and college age groups. Our presentation topics include HIV/AIDS, birth control, abstinence, pregnancy prevention, healthy relationships and child abuse prevention. Walk-ins welcome.

#### **Primary Care Access Network**

877-564-5031

101 S. Westmoreland Drive, Orlando, FL 32805

407-595-2370

www.coveringcfl.net

cflnavigator@gmail.com

Certified Navigators give free, in-person assistance in Seminole, Orange, Lake and Osceola counties. Understand how the Affordable Care Act can help you obtain health insurance. Receive help to create an account on HealthCare.gov and compare plans offered in your area from private health insurance companies. Choose a plan and get covered. You may qualify for a subsidy.

#### SafeLink Wireless/Elite Marketing

914-689-6716

2110 Meadow Glen Cv., Unit 310, Winter Park, FL 32792

1-800-723-3546

www.safelinkwireless.com

Email: FLfreephoneprogram@gmail.com

SafeLink Wireless has a free cell phone and minutes program for qualifying Floridians. Through the federal Lifeline program, SafeLink helps ensure access to health and emergency services. New customers receive their prepaid phones in the mail, and the phones come with 500 minutes for the first four months, 250 minutes every month after that, and unlimited texting. It is completely free.

True Health 407-322-8645

4930 East Lake Mary Blvd., Sanford, FL 32771

www.mytruehealth.org

Email: info@mytruehealth.org

True Health is a private, non-profit healthcare organization here to make your healthcare needs as seamless and comfortable as possible. We house many services under one roof to save you time and money. We offer a sliding fee scale to those who are uninsured. We accept Medicare and Medicaid patients and more than 25 major health and HMO insurance plans. Services include adult and pediatric medical, obstetrics, podiatry, pharmacy, lab, dental and state program enrollment.

#### Winnie Palmer Hospital for Women and Babies

321-843-2229

**Maternal Education/Breastfeeding Education Center** 

83 W. Miller St., Orlando, FL 32806

www.orlandohealth.com

Education and support for mothers-to-be and new mothers. Breastfeeding helpline and lactation consultations.

## **Health Insurance**

AMERIGROUP 800-600-4441/407-647-1710

2290 Lucien Way, Suite 210, Maitland, FL 32751 www.amerigroup.com

Citrus Health Care 1-877-624-8787

255 South Lakemont Ave., Suite 212, Winter Park, FL 32792

www.uhcmedicaresolutions.com

Health insurance provider for Medicaid, Medicare and individual.

#### **Danton & Dees Insurance Group**

321-946-2290

www.healthagentpro.com

Email: maryremson@gmail.com

We are your health insurance specialists. We offer plans for individuals, families, self-employed, small and large group plans. Our staff has researched all the companies doing business in the states where we do business and has selected what we consider to be the best. We will do our best to answer all your questions, research everything for you and provide you with all the quotes you need and then explain how each plan works. You will become educated enough to choose a plan that meets your needs and budget.

KIDCARE 1-888-540-5437

#### www.floridakidcare.org

Kid care is a statewide insurance program for children birth through 18. Services include: doctor visits, hospital, surgery, vision, hearing, prescriptions, shots, dental and well baby check-ups, and emergencies. Call for application.

#### **Molina Health Care of Florida**

1-866-422-2541

8300 N.W. 33<sup>rd</sup> St. Suite 400 Miami, FL 33122

www.molinahealthcare.com

Molina Healthcare provides quality and cost-effective Medicaid-related solutions to meet the health care needs of low-income families and individuals and to assist state agencies in their administration of the Medicaid program.

#### **Primary Care Access Network**

877-564-5031

101 S. Westmoreland Drive, Orlando, FL 32805

407-595-2370

www.coveringcfl.net

cflnavigator@gmail.com

Certified Navigators give free, in-person assistance in Seminole, Orange, Lake and Osceola counties. Understand how the Affordable Care Act can help you obtain health insurance. Receive help to create an account on HealthCare.gov and compare plans offered in your area from private health insurance companies. Choose a plan and get covered. You may qualify for a subsidy.

## Housing

#### **Clearpoint Credit Counseling Solutions**

1-800-750-2227

3191 Maguire Blvd., Suite 100, Orlando, FL 32803

www.clearpoint.org

Our housing counseling is confidential and free of charge. As a HUD approved housing counseling agency CredAbility counselors dispense unbiased professional advice to homeowners facing delinquency or mortgage foreclosure and to senior citizens considering a reverse equity mortgage. We provide post purchase counseling as well as pre-purchase counseling to first-time homeowners, the majority of whom are low-income. Further, we also provide rental eviction counseling. Our mission is to help financially distressed people move from crisis to control by providing compassionate service and innovative and practical solutions. We see ourselves as a financial emergency room, creating hope and inspiring lasting change

#### GoldenRule Housing & Community Development Corp, Inc.

407-878-3759

407-696-5855

Fax: 407-331-0504

417 East 2nd St., Sanford, Fl. 32771

www.goldenrulehousing.org

GoldenRule Housing is a 501 (C)((3) non-profit HUD Approved Housing Counseling Agency. We are approved to provide the following services credit rebuilding, down payment assistance, loan qualification, money management and pre-foreclosure and rental counseling. We also offer first-time homebuyers workshops for free and certificates are offered upon request. We have been putting roofs over families for over 20 years.

#### **Habitat for Humanity in Seminole County**

P.O. Box 181010, Casselberry, FL 32718

www.habitatseminoleapopka.org

Email: home@habitat-SA.org

Comprehensive case management using Family Team Conferencing model provides affordable housing in partnership with the working poor in Seminole county. We transform communities by building and renovating houses so that there are decent, affordable communities in which every person can experience God's love.

Heart to Heart 321-295-7859

3586 Aloma Ave. #10 Winter Park, FL 32792

www.h2hcentralflorida.org

Heart to Heart, A Community Care Organization, is dedicated to the need of homeless women and children by providing transitional housing, support and investing in their futures. We help families become self-sufficient and able to live in the community independently. A non-profit 501(C)(3) serving Central Florida since 1992, Heart to Heart is dedicated to the needs of homeless women with children. Se habla espanol.

IMPOWER 407-331-8002

587 E. S.R. 434, Suite 1021, Longwood, FL 32750

#### www.impowerfl.org

Low cost housing and support services for youth as they transition from the foster care system into adulthood; educational planning and support, career development and job placement, volunteering opportunities, mentoring, living skills training, as well as expanded access to community services such as mental health, substance abuse intervention and prevention services.

#### **Rescue Outreach Mission of Sanford**

407-321-8224

1701 Historic Goldsboro Blvd. Sanford, FL 32771

www.rescueoutreachcfl.org

Email: info@rescueoutreachcfl.org

Comprehensive case management using the Family Team Conferencing model to provide emergency shelter, food, clothing and spiritual guidance to disadvantage, needy, homeless families with children. A newly designed state-of-the-art learning center provides residents with the tools they need to take online classes, write resumes and more.

#### **Seminole County Government - Community Services**

407-665-2300

535 West Lake Mary Blvd., Sanford, FL 32773

www.seminolecountyfl.gov/departments-services/community-services/

Email: infocommunity@seminolecountyfl.gov

SHIP Purchase Assistance Program (down payment assistance) and home repair assistance program.

#### The Center for Affordable Housing

407-323-3268

2524 South Park Drive, Sanford, FL 32773

We offer transitional housing for homeless families, low-income rentals, and comprehensive housing counseling.

#### Women's Residential and Counseling Center

407-425-2502

107 East Hillcrest St., Orlando, FL 32801

www.centralfloridahomeless.com

coalition@cflhomeless.org

Transitional housing for women who are working or receiving income. Twelve-bed shelter in which women can stay up to 14 days at \$2 a day. In addition to receiving shelter and nutritious meals, homeless women who turn to the Coalition for assistance work with a case manager to build a budget and savings account and develop a plan for self-sufficiency.

## **Legal & Judicial**

#### **Accent on Paralegal & Non-lawyer Services**

407-324-5885

600 Rinehart Road, Lake Mary, FL 32746

933 Lee Road Orlando, FL 32810

www.afloridaparalegal.com

Email: bev@floridaparalegal.com

Paralegal, non-lawyer, mediation services specializing in bankruptcy, family matters such as divorce, child support, custody, modification, expunge or seal records, POA's, wills, notary and more.

#### **Community Legal Services of Mid-Florida**

407-322-8983

315 Magnolia Ave., Sanford, FL 32771

Orlando Office - 122 East Colonial Drive #200, Orlando, FL 32801

407-841-7777

www.clsmf.org

info@clsmf.org

We help elderly victims of consumer scams, domestic violence victims and their children, families living in poor conditions to obtain decent housing, to attain representation.

#### **Department of Juvenile Justice**

407-665-2400

Fax: 407-665-2499

Seminole County Juvenile Assessment Center

1101 East 1st St., Sanford, FL 32771

Supervisor Unit 202: Kathy D'Alessandro

Kathy.delessandro@djj.state.fl.us

Supervisor Unit 203: Robyn Worlds

Robyn.worlds@djj.state.fl.us

Supervisor Unit 201: Jesse Schrage

Jesse.schrage@djj.state.fl.us

Circuit 18 Administrative Contacts for Seminole and Brevard:

TBA, Chief Probation Officer, Circuit 18

Denise Devlin, Deputy Chief Probation Officer, Circuit 18

Tracy Olson, Government Operations Consultant/Reform Specialist

321-610-9145
321-610-9146
321-330-6957

#### Office of the State Attorney, 18th Judicial Circuit/Victim Services Division

407-665-6000

101 Eslinger Way Sanford, FL 32773

P.O. Box 8006, Sanford, FL 32772 – 8006

www.sa18.org

Prosecuting office for Seminole and Brevard counties. Division of Victim/Witness Services provides criminal justice advocacy for crime victims and survivors of homicide.

#### Safe House of Seminole Court Advocacy

407-665-6226

Court Advocates assist with completing petitions for injunctions for protection (also known as restraining orders). Victims under the age of 18 will need a parent and/or guardian to file on their behalf. Lawyer referrals.

#### Seminole County Bar Association Legal Aid Society, Inc.

407-834-1660

407-665-5370

Fax: 407-665-5375

101 West Palmetto Ave., Longwood, FL 32750

www.scbalas.com

Email: administrator@scbalas.com

SCBALAS is a not for profit organization. Our program provides free quality legal advocacy to Seminole County's economically disadvantaged residents to improve their quality of life and enhance their self-sufficiency. SCBALAS has a full time staff and over 100 volunteer attorneys who provide free legal advice and representation with regard to civil legal matters. We accept applications with regard to the following types of cases: family law, housing law, divorce, time sharing, custody, guardianship and elder law. Please call for an appointment. We also hold a special veterans advice clinic the second Thursday of each month at the Casselberry Library starting at 1 PM.

#### Seminole County Guardian ad Litem

190 Eslinger Way Sanford, FL 32773

www.Galseminolecounty.org

Sharon Graham, Director

Sgraham@seminolecountyfl.gov

The Guardian Ad Litem Program provides a voice for a child in dependency court. It is a volunteer based program with trained Volunteer Child Advocates who work under the supervision of a child advocate coordinator and in conjunction with the best interest attorney. As a team we represent the best interest of a child who has been alleged to be abused, neglected or abandoned. We are appointed by the court.

### **Mental Health**

Above and Beyond: Children & Community Services, Inc.

407-391-9033

705 West 1st St., Sanford, FL 32771

www.aboveandbeyondprograms.org

Email: services@abccsprograms.org

We help children, youth, adults and families locate, access and coordinate services they need for mental health wellness and improved lives. Through case management, Wraparound care coordination, Family Advocacy, Individual, Group and Family Therapy, Parenting Education classes, Parent Support and Referrals, we assist clients to build on their strengths and locate appropriate resources to meet their needs.

#### **Adapt Behavioral Services**

225 South Swoope Ave. #211, Maitland, FL 32751

www.Adapt-FL.com

Email: maitland@adapt-FL.com

In-home and in-school behavior analysis services, skill training, parent training, individual counseling & family counseling. Funding through all Medicaid plans, Healthy Kids and many commercial insurance plans. Other funding is available for those without insurance.

#### **A New Perspective Counseling Center**

407-792-0900

407-622-0444

Fax: 407-699-0444

1209 East 2<sup>nd</sup> St. Sanford, FL 32771

www.anewperspectivecounseling.org

Email: info@anewperspectivecounseling.org

Our staff offers personalized, goal-oriented counseling, for a wide range of needs delivered in the following services: individual, family, couples, play therapy, grief, children / teens, substance abuse, anger management, parenting and therapeutic mentoring

#### **Anthropos Florida Group Inc.**

407-222-4207

407 Wekiva Springs Rd., Suite 104, Longwood, FL 32779

#### www.anthroposflorida.com

Anthropos Florida Group Inc. provides mental health counseling at school and at homes to address the needs of our clients and their families. We understand that students need to be socio-emotionally stable in order to achieve their academic goals. We see clients at school to address behaviors and teach them coping skills. Cognitive, emotional and behavioral treatments are integrated into our approach to work with the students as well with their families at home.

#### **Aspire Health Partners (Lakeside Behavioral Healthcare – Orange County)**

407-875-3700

Access Center

Ext. 6186

Princeton Plaza, 1800 Mercy Drive, Orlando, FL 32808

#### www.aspirehealthpartners.com

Aspire Health partners (formerly Lakeside Behavioral Healthcare) provides a variety of outpatient services for children and adults. We have a full continuum of services for adults including residential treatment, outpatient therapy, a medication clinic and case management. The children's outpatient program provides in-home, outpatient and in-school therapy as well as medication clinic and case management.

#### **Aspire Health Partners (Seminole Behavioral Health)**

407-831-2411

237 Fernwood Blvd, Fern Park, FL 32730

407-321 HELP

919 E. 2<sup>nd</sup> St., Sanford FL 32730

#### www.seminolecares.org

It is our mission to provide quality community-based behavioral health services that are accessible and affordable to individuals in the community. We provide mental health and behavioral health services including individual, family and group counseling for children, adolescents and adults. We provide additional services including assessment services, crisis counseling, outpatient medical services, crisis stabilization, residential treatment, case management and other programs.

#### **Attachment Services of Central Florida, Inc.**

401 Center Pointe Circle, Suite 1501, Altamonte Springs, FL 32701 Fax: 407-260-0091

#### www.attachmentservices.org

We specialize in working with children with attachment issues and their families. Most clients are children who have been adopted from the foster care system or international orphanages. However, we do work with biological families that experienced breaks in attachment for other reasons. We also offer neurofeedback services, therapy and support groups.

#### Behavioral Support Services, Inc.

2450 Maitland Center Parkway, Suite 301, Maitland, FL 32751

www.bssinspires.com

Therapeutic services provided in the home, school, and office setting for children, adolescents, families, and adults. Medicaid and Medicaid HMOs accepted, as well as commercial insurance, private pay and agency funding. Problems addressed include: parent training, substance abuse, developmental disabilities, anger management, abuse, depression/anxiety, ADHD, oppositional defiant, etc. Case management services and psychiatric care also available.

#### **Boys Town Behavioral Health Services**

407-588-2190

407-260-0031

407-830-6412

Fax: 407-830-8413

975 Oklahoma St., Oviedo, FL 32765

www.boystown.org

We specialize in creating comprehensive approaches to care. Our mission is to heal problems early, before they develop into more serious health and behavioral issues. Working with parents, we develop care plans for youth who face these difficult problems and many others: attention deficit/hyperactivity disorder (ADHD), school problems, anxiety and worry, depression and anger management.

#### **Central Florida Behavioral Hospital**

407-370-0111

6601 Central Florida Parkway, Orlando, FL 32821

www.centralfloridabehavioral.com

Central Florida Behavioral Hospital is a private state-of-the-art psychiatric center that offers a full continuum of care including inpatient treatment, residential treatment, and partial hospitalization. Our programs serve children, adolescents, and adults with both mental health and substance abuse problems. Central Florida Behavioral Hospital accepts referrals 24 hours a day, 7 days a week and accepts most commercial insurance and managed care plans, including Medicare and Tricare.

#### Central Florida Cares Health System, Inc

407-985-3560

707 Mendham Blvd., Suite 201, Orlando, FL 32825

www.centralfloridacares.org

Email: admin@cfchs.org

Central Florida Cares Health System, Inc. (CFCHS) is a not-for-profit organization contracted by the Department of Children and Families to oversee state-funded mental health and substance abuse treatment services in Circuits 9 and 18 (Brevard, Orange, Osceola, and Seminole counties). As a managing entity we are a behavioral health administrative and management organization, and our primary focus is to promote a comprehensive, seamless system of recovery and resiliency to those individuals in our community

#### Children's Home Society of Florida

321-397-3000

Community Based Care Program

Ashley Thompson, Counselor IV for Seminole County

Central Fl. Div: 1485 S. Semoran Blvd., Suite 1402, Winter Park, FL 32792

www.chsfl.org; ashleythompson@chsfl.org/david.congdon@chsfl.org

The Children's Home Society of Florida's Clinical Services program provides counseling for children, adults, and families in our offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale. We have a psychiatrist on staff, and if the counselor sees that evaluation for possible medications is appropriate for the client being served, we can facilitate those services within our clinic as well. Services may be arranged by calling our Seminole County Counselor, Laura Hope at the above numbers or by calling our tri county office at 407-896-2323.

#### Children's Home Society of Florida/Early Head Start

407-262-7688 ext. 235

Home-based program

or 321-397-3044

#### www.chsfl.org

The targeted case management program offered through the Children's Home Society of Florida is a voluntary program which targets children in need of multiple mental health services. In order for a child to be eligible for case management services, he or she must have a mental health disability and the need for coordination of mental health services, and the family must lack the resources to pay for treatment. Healthy Families provides free home visiting services to parents expecting a baby and parents of newborns on a weekly basis. Family support workers provide voluntary in home parent education to promote positive parent-child relationships and child health and development.

#### **Choices-Changes Counseling Center**

407-268-4441

Fax: 407-323-2374

1301 South International Parkway Suite 2021, Lake Mary, FL 32746

www.choiceschangescounseling.com

Email: choiceschanges@bellsouth.net

We provide outpatient counseling for children, adolescents, adults and families. We provide in school counseling and will schedule appointments that are convenient for our clients. We can usually see a client within 24 hours after contact. 7 licensed therapists on staff.

#### **Choices Programs Organization**

386-259-4985

5224 W. S.R. 46 #325, Sanford, FL 32771

www.choicesprograms.org

Choices Programs Organization provides community behavioral health services and dependency residential group care. Our staffs are mental health professionals that specialize in group counseling, individual/family counseling, and psychosocial rehabilitate services and targeted case management.

#### **Chrysalis Health**

407-219-9304

Fax: 407-264-6333

1703 West Colonial Dr., Orlando, FL 32804

www.chrvsalishealth.com/

Provides in home mental health and substance abuse services to children, adults and families, and accepts all the Medicaid HMO's and can accept FSPT funding.

#### Circle of Friends Services, Inc.

386-259-5413

Fax: 386-753-9265

517 Deltona Blvd., Suite A, Deltona, FL. 32725

111 E. Monument Ave., Suite 513, Kissimmee, FL 34741

www.cofsfl.org

Email: friends@cofsfl.org

COFS provides outpatient mental health services and support to children and families following a traumatic event. Poverty, domestic violence, substance abuse, child neglect and abuse – all these difficult life circumstances disrupt the family unit and cause pain to its members. We provide psychiatric evaluations, therapeutic supervised visitation, adoption support, infant mental health services, and much more. We offer personalized, caring attention for all individuals. We provide extraordinary dedication & expertise guiding the healthy development of kids and families.

#### **Community Counseling Center of Central Florida LLC**

3544 Edgewater Dr., Orlando, FL 32804

P.O. Box 161585, Altamonte Springs, FL 32716-1585

www.cccf.org

Individual, family and marital therapy serving adults and children.

#### Compass Behavioral Health, LLC

407-830-7903

Fax: 321-281-3886

407-291-8009

Fax: 407-770-5503

1912 Booth Circle, Suite 200, Longwood, FL 32750

Mental health services for all ages.

Devereux 321-441-1030

5749 Westgate Dr., Suite 102, Orlando, FL 32835

www.devereux.org

Devereux provides individual, family and group counseling to individuals with a mental health diagnosis, behavior disorder or a developmental disability. Services can be provided in office, in home and in school.

#### **Discovery Counseling of Orlando**

407-376-3773

1180 Spring Centre South Blvd., Suite 212, Altamonte Springs, FL 32714

www.discoveryorlando.org

Discovery Counseling provides affordable, professional, Christian counseling to our community. We offer connections with trained professionals who can offer comfort, hope and direction as you navigate through life's struggles. Our services include counseling for pre-marriage, marriage, re-marriage, divorce, children, adolescents, family issues, sexual integrity, addiction recovery, identity, depression, anxiety, mood issues, and other relational problems. Will have play therapy services shortly.

#### Federation of Families of Central Florida Inc.

407-334-8049

237 Fernwood Blvd., Suite 101, Casselberry, FL 32730

Warm Line Support: 407-346-2348

www.ffcflinc.org

Info.ffcfl@gmail.com

Providing support, advocacy and education to Central Florida families, children and youth with emotional, behavioral and mental health challenges. Like us on Facebook: <a href="https://www.facebook.com/ffcfl">www.facebook.com/ffcfl</a>

#### **Focus Counseling and Consulting**

407-415-0810

838 West Kelly Park Road, Apopka, FL 32712

jhfocus.wix.com/focuscounseling

Email: JHFocus@yahoo.com

Focus, Inc., is a non-profit organization. Our services include: individual and family counseling, mediation, adoption home studies, mentoring and tutoring. We accept most major insurance plans as well as Medicaid and healthy kids for youth. We also have funding for youth under the age of 18 who do not have health insurance or coverage for mental health/behavioral therapy. Services are provided free of charge to economically disadvantaged families who qualify for our Families in Need program.

#### **Forever Families Adoption Services**

407-977-8639

1155 South Semoran Blvd., Suite 1150, Winter Park, FL 32792

www.foreverfamiliesadoptions.org

Most services are home-based.

Forever Families provides domestic and international home studies and post-placement reports for people adopting privately. We also provide pre-and-post adoption education and counseling for adoptive families who have adopted either through foster care or privately. We are also in the process of forming support groups for adoptive families and grandparents raising grandchildren. We now provide services to expectant mothers (and fathers) wishing to place their baby, as well as parents who are having parental rights terminated by DCF and choose to do a private adoption.

#### **HSA** -Human Services Associates

407-422-0880

1703 West Colonial Dr., Orlando, FL 32804

Comprehensive case management using the Family Team Conferencing model to serve families with identified primary need of sustained self-sufficiency and substance abuse problems.

#### **Haven of Hope Ministries**

407-298-2056

1902 West Colonial Drive, Orlando, FL

www.cflhavenofhope.com

Haven of Hope Ministries is a faith-based agency providing food, clothing, and support groups to individuals who are HIV/AIDS infected. Provides food bags for individuals that are documented to be living with a terminal illness and in poverty. Food Pantry hours: Mon, Wed, Thurs 9:30 a.m. -3:00 p.m.

#### **Horizons Bereavement Center**

407-379-0490

595 Montgomery Road, Altamonte Springs, FL 32714

www.HospiceoftheComforter.org

Horizons Children's Loss Program helps grieving students adjust to the loss of a loved one by providing free grief support and education. Studies show that grieving youth are helped most in a group setting because they learn that their peers have experienced similar losses and that their feelings are not unusual. Our master's level children's counselors employ music, art and creative writing to help youth adapt to life following a loved one's death.

IMPOWER 407-331-8002

Orange/Seminole County: 587 E SR 434, Suite 1021, Longwood, FL 32750

www.impowerfl.org

Individual, group and family therapy in the home or school setting; behavioral analysis in the home or school, psychiatric services including medication management and evaluations, tele-health & tele-psychiatry services.

Ironwood 207-342-3655/1-877-496-2463

67 Captain Cushman Rd., Morrill, Maine 04952

www.ironwoodmaine.com

Residential Treatment Center for teens located in Maine offers your troubled child a safe & therapeutic learning environment. Licensed mental health professionals await the opportunity to help re-engage your teen and reunite your family. Ironwood's comprehensive treatment program is carefully designed to assist families in crisis and turn around your teen's behavior by developing self-respect, values, and effective communication skills so they can reconnect with their family members.

#### **Jewish Family Services of Greater Orlando**

2100 Lee Road, Winter Park, FL 32789

www.jfsorlando.org

Emergency assistance includes financial aid for rent and utilities in a one-time assistance program. Emergency assistance services are by appointment.

#### Jo Ann C. Alexander, Ph.D., P.A.

407-761-8038

407-644-7593

Fax: 407-628-0773

490 Graham Ave, Oviedo, FL 32765

Services also provided in Sanford; parent support group.

#### Journeys End Counseling, LLC

407-678-9800

Fax: 407-315-0048

1155 South Semoran Blvd., Suite 1150 Bld. 3, Winter Park, FL 32792

www.journeysendcounseling.com

Individual, family, group and adolescent counseling for depression, anxiety, anger management and mood disorders. Counseling for post adoption, reunification and placement stabilization for children and their caregivers. Therapies also provided for co-dependency, domestic violence and intimate partner violence. Accepted payment: Self pay, TANF, FSPT, Cigna, Aetna, United Behavioral Health, United Health Care, Magellan, Magellan Medicaid, Value Options, out of network provider Blue Cross/Blue Shield and various EAP Providers.

#### Kids House of Seminole, Inc. at the Wayne Densch Family Trauma Center

407-324-3036

5467 North Ronald Reagan Blvd., Sanford, FL 32773

Fax: 407-324-3045

#### www.kidshouse.org

The Kids House Wayne Densch Children's Advocacy Center's Mental Health Program helps to heal children ages 3 through 18 who have been affected by abuse or severe neglect. Our mental health professionals provide specialized trauma-focused therapy to children and their families, so they have the skills and tools necessary to process and overcome the abuse they have suffered. A Trauma Education Group (TEG) is available for non-offending caregivers of children who have been sexually or physically abused or witness to severe domestic violence, covering topics that

include: the basics of trauma and abuse, symptoms and reactions, benefits of therapy and parenting child victims of abuse. Specialized training is available for community mental health clinicians and service providers.

#### **Kinder Konsulting & Parents Too**

**407-657-6692** Fax: 407-894-6010

2479 Aloma Ave., Unit D, Winter Park, FL 32792

To make a referral: www.kinderkonsulting.com

Our mission is to advance and promote the emotional, behavioral, and developmental wellbeing of special needs children and their families. At Kinder Konsulting you will find a skilled team of caring clinicians dedicated to helping infants and children as well as their families.

#### **Menschner & Associates Counseling Group**

407-529-5359

235 South Maitland Ave., Suite 213, Maitland, FL 32751

Comprehensive mental and behavioral health services for children, adolescents and adults. We have individual, family and group therapy. We have evening and weekend appointments along with Spanish-speaking therapists. We are in-network providers for most of the major commercial insurance companies. Medicaid HMO's accepted.

#### **National Alliance on Mental Illness Greater Orlando (NAMIGO)**

407-253-1900

237 Fernwood Blvd., Suite 101, Fern Park, FL 32730

www.namigo.org

Email: information@namigo.org

NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando, and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system. All services are free.

#### **New Life Connections, Inc.**

407-322-7779

404 West 25th St., Sanford, FL 32771

www.new-life-connections.org

All master's level therapists. Individual - couples - family counseling. Some mental health disorders addressed. Please call for more information.

#### **PACE Center for Girls**

407-992-0456

Fax: 407-992-0455

445 N Wymore Road, Winter Park, FL 32789

#### www.pacecenter.org

Each girl that attends PACE is assigned a social services counselor who links and advocates for girls' access to mental health, substance abuse and other health needs. PACE has a part time licensed mental health professional who works with girls with more intensive needs. Girls receive familial care management and learning style assessment and training. We work with a girl to help her build relationship and practical life skills, enhance her communication and receive job readiness training.

#### Psychological Affiliates, Inc.

407-674-5663

2737 West Fairbanks Ave., Winter Park, FL 32789

#### www.psychologicalaffiliates.com

Psychological Affiliates is a group of psychologists who provide comprehensive outpatient services for a wide variety of mental health issues. Individual, family, and group psychotherapy, along with comprehensive evaluations, are available. We specialize in the areas of child abuse, play therapy, divorce-related issues, adolescent and adult issues, criminal/forensic psychology and parenting plan evaluations. Divided Loyalties is the four-hour mandated parenting course for the State of Florida that addresses the impact of divorce on children and adults. Case management services are offered to adults who may live independently but may need assistance with daily living skills.

#### St. Luke's Lutheran Church

407-365-3408

2021 West State Road 426, Oviedo, FL 32765

#### www.stlukes-oviedo.org

Comprehensive Case Management using the Family Team Conferencing model to serve those in need in the community around us by accessing the resources available to provide basic physical and spiritual needs that will assist families in recovering a sense of value and dignity. Sr. Pastor Wally Arp/ warp@stlukes-oviedo.org

#### St. Peter's Episcopal Church & School

407-444-5673

700 Rinehart Road, Lake Mary, FL. 32746

#### www.stpeterslakemary.org

Outreach for distressed families to meet basic needs and spiritual guidance for personal development and support for the family unit. Conflict mediation services are also available to assist in strengthening the family foundation. St. Peter's offers After School Care, Preschool and Kindergarten.

#### **Seminole System of Care (SSOC)**

407-688-9650

2921 South Orlando Dr., Sanford, FL 32773

www.seminolesystemofcare.org

Email: SOCinitiative@cbc-ci.org

SSOC provides a family-driven, youth-guided, and culturally competent system of care, ages 13-21, with emotional and behavioral health needs. SSOC works in collaboration with community partners offering the Wraparound process, Wellness Recovery Action Plan (WRAP) workshops, training for professionals, youth and families as well as evaluation of services and needs within the community.

#### **Serenity Now Counseling Center**

407-788-8600

1061 Maitland Center Commons Blvd., Suite 202, Maitland, FL 32751

#### www.SerenityNowCounseling.com

11 years of experience with adolescents and their families with both mental health and substance abuse issues. Relationship issues including marital discord, families in the midst of divorce and post-divorce family counseling. Expertise with issues of depression, anxiety, grief and loss, life transitions and addictions of all kinds.

#### **South Seminole Hospital**

407-262-2200

555 West SR 434, Longwood, Florida 32750

www.southseminolehospital.com

With a commitment to tailored personal care, South Seminole Behavioral Health offers comprehensive services to treat patients suffering from a full range of psychiatric and addictive disorders. In addition to adult units, serving patients 18 years or older, the Adolescent/Children's Unit specializes in behavioral point system and positive reinforcement models to treat patients between the ages of 3 and 17. The multidisciplinary team of specialists creates a treatment plan for each patient, working hand-in-hand with the patient's family and primary physicians, to ensure the best possible outcomes in the quickest possible timeframes. Inpatient services are offered 24 hours a day, seven days a week, in a quiet, private setting on the campus of South Seminole Hospital, a part of Orlando Health.

#### TBC Productions/Breakthrough Counseling Services

407-342-4956

Juvenile Justice Center, 190 Eslinger Way, Sanford, FL 32772

Additional offices in Seminole County and Orlando

www.Tbcproductions.com

Juvenile counseling (STARS program) life skills, youth intervention, mental health, self-esteem, character building, career coaching, substance abuse/family counseling services (STAR Parent Program) relationship and marriage skills, family intervention, parenting skills and one-on-one counseling services. Premarital and marital counseling.

#### The Grove Counseling Center, Inc.

407-327-1765 ext. 1900

Fax: 407-339-2129

Office and Outpatient Clinic

111 West Magnolia Ave., Longwood, FL 32750

The Grove Academy (Adolescent residential program): 580 Old Sanford/Oviedo Road, Winter Springs, FL 32708 <a href="https://www.thegrove.org">www.thegrove.org</a>

The Grove offers a wide variety of programs for the treatment of substance use and behavioral health disorders, with locations in Longwood, Sanford, downtown Orlando and Winter Park. We offer outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents. High-quality affordable treatment; Medicaid accepted, sliding fee scale for those without insurance, many insurances accepted.

#### **University Behavioral Center**

407-281-7000

2500 Discovery Drive, Orlando, FL 32826

universitybehavioral.com

Mental health treatment for children and adolescents from ages 6-17. Programs include crisis stabilization, short term RTC, long term RTC, and inpatient and partial hospitalization. Special programs are available for inappropriate sexual behaviors and victims.

#### **UCF Marriage & Family Research Institute**

407-823-1748

12649 Triagulum Ct., Orlando, FL 32816

Fax 407-823-1749

www.mfri.ucf.edu

Email: mfri@ucf.edu

The institute provides free services to the central Florida community including mental health counseling (individuals, children or adults, couples or families). We also provide relationship education workshops in Spanish and English language through Project TOGETHER, a federally-funded research study. Project

TOGETHER's goal is <u>To Offer Great Education That Harvests Enduring Relationships</u> by teaching individuals and couples practical tools for communication, conflict management and problem solving.

#### **Visions Targeted Case Management**

In Home Social Service/Mental Health Service Provider

368 Wilshire Blvd., Casselberry, FL 32707

Fax: 407-790-4935

www.VisionsTCM.com

Email: Visions@visionstcm.com

Visions Targeted Case Management Services provides quality in-home services to children and adults who face mental health and/or behavioral challenges. Visions Targeted Case Management provides advocacy services while creating connections between community based programs, and other community service providers. Our targeted case managers provide services in English, Créole and Spanish in Orange, Osceola, Seminole, Brevard and Lake counties. Our goal is to serve the community one client at a time.

#### **Wraparound Seminole**

407-688-9650

321-710-0356

2921 South Orlando Dr., Sanford, FL 32773

www.seminolesystemofcare.org

Email: SOCinitiative@cbc-ci.org

Wraparound Seminole serves ages 13-21 with intensive emotional, behavioral, and mental health challenges. Youth in this program are served by a wide variety of agencies and services in the Seminole System of Care, including mental health, education, vocation, substance abuse, child welfare, and juvenile justice.

## Mentoring

#### **Adolescent Life Coaching Center**

407-610-5433

4246 Weeping Willow Circle, Winter Springs, FL 32708 1151 E. 28<sup>th</sup> St., Sanford, FL 32771

www.adolescentlifecoaching.com

We are committed to helping adolescents and parents create more successful and healthy relationships. Our life coaching strategies decrease suffering and increase positive choices through enhancing understanding of adolescents' unique strengths and challenges. Through group learning as well as MDFT (multidimensional family therapy) specific strategies are provided and tailored to individual and family needs.

#### **A New Perspective Counseling Center**

407-792-0900

1209 E. 2<sup>nd</sup> St., Sanford, FL 32771

www.anewperspectivecounseling.org

Email: info@anewperspectivecounseling.org

Our staff offers personalized, goal-oriented counseling, for a wide range of needs delivered in the following service: individual, family, couples, play therapy, grief, children / teens, substance abuse, anger management, parenting and therapeutic mentoring.

#### Big Brothers Big Sisters of Central Florida

807 South Orlando Ave., Suite L, Winter Park, FL 32789

www.bbbscfl.org

We offer one-to-one mentoring services in School-Based, Community-Based, and Mentoring Children of Promise programs. These friendships require a minimum of a year, are supported by professional staff, and give results of measurable and positive impact. We serve Orange, Seminole, Osceola, Lake and Brevard counties.

#### **Children's Home Society**

321-397-3000

407-478-2996

Fax: 407-478-2999

395 Piney Ridge Road, Casselberry, FL 32707

www.chsfl.org

The CHS mentoring program is a one-to-one community based mentoring program for children who have a parent incarcerated in a federal or state prison. Each youth is matched with a mentor who can provide guidance and support to help each child develop to the fullest potential. For youth ages 4-18, MODEL attempts to break the cycle of incarceration by matching a child with an adult that can provide friendship, unconditional support, new experiences and subsequently more choices for the future.

#### Friends of Children and Families Inc.

407-273-8444

11875 High Tech Ave., Suite 200, Orlando, FL 32817

www.Friendsofchildrenandfamilies.org

We match at-risk children involved in the child welfare system between the ages of 6-17 with mentors who want to make a positive impact on a child's life through guidance and support. Mentees learn to deal with the challenges and obstacles they face in life. We provide scheduled one-on-one contact, opportunities for creative, recreational, and career exploration activities and help with academics and the development of independent living skills. Private pay option available.

# Parent Training / Parent Support Groups / Kid Support Groups

Above and Beyond: Children & Community Services, Inc.

407-391-9033

705 West 1st St., Sanford, FL 32771

www.aboveandbeyondprograms.org

We help children, youth, adults and families locate, access and coordinate services they need for mental health wellness and improved lives. Now offering therapeutic interventions. Through case management, Wraparound care coordination, Family Advocacy, Individual, Group and Family Therapy, Parenting Education classes, Parent Support and Referrals, we assist clients to build on their strengths and locate appropriate resources to meet their needs.

#### **Adolescent Life Coaching Center**

407-610-5433

4246 Weeping Willow Circle, Winter Springs, FL 32708

1151 E. 28th Street Sanford, FL 32771

www.adolescentlifecoaching.com

Having a teenager can be a challenge that even the most seasoned parent is not always prepared to deal with. Many feel as though their child has turned into a stranger and feel at a loss as to how they can reconnect. If this is how you feel...you are not alone! ALCC provides parents the necessary tools and support to change destructive patterns of communication. The latest research on today's teen issues will be presented and communication skills and parenting skills will be discussed.

#### **Attachment Services of Central Florida, Inc.**

407-260-0031

401 Center Pointe Circle, Suite 1501, Altamonte Springs, FL 32701

Fax 407-260-0091

We have monthly parent support group for adoptive, foster, kinship and guardianship parents. We also have a monthly Parent's Night Out service. We train new or potential parents to prevent attachment challenges with their children as well as teach new parenting strategies to heal attachment-disordered children.

#### **Boys Town Central Florida**

407-588-2170

Main Office/Residential Services/In-Home Family Services/Common Sense Parenting/ Behavioral Health Clinic 975 Oklahoma St., Oviedo, FL 32765

Intervention & Assessment

407-588-2160

1350 Healing Place, Oviedo, FL 32765

www.boystown.org/central-florida; www.parenting.org

The Boys Town Integrated Continuum of Care® is a unique set of service levels, each designed to meet the specific, individual needs of youth and their families. The skills we teach at every level of our Integrated Continuum help young people learn valuable lessons that last a lifetime. Our research-proven programs include Boys Town Intervention and Assessment Services, a short-term shelter for at-risk youth; Boys Town Family Home Program, a long-term residential program; Boys Town In-Home Family Services, which works with at-risk families in their homes and includes CINS/FINS (Children in Need of Services/Families in Need of Services); Boys Town Outpatient Behavioral Health Clinic and Common Sense Parenting Classes. Boys Town Common Sense Parenting is a 6-week, evidence-based class, approved for case plans, and held in several locations around Seminole County. There are classes for toddlers and preschoolers, and school aged children; also classes taught in Spanish available.

#### **Child Rescue Network**

1-877-209-KIDS (5437)

926 Lake Baldwin Lane, Orlando, FL 32814 NOTE: No services are provided at this address.

www.ChildRescueNetwork.org

All programs are offered via community outreach to churches, PTAs, homeowners associations, businesses and other venues. Empowerment Not Fear safety seminars and workshops educate parents and child care providers on specific methods they can utilize to better protect children from sexual abuse, abduction and victimization, such as human trafficking. CRN provides FREE safety ID cards for parents to have of their kids. These are provided at special events throughout the community. CRN also assists law enforcement and families in search efforts to bring missing children home.

#### Children's Home Society's Healthy Families Seminole Program

407-302-1001 Ext. 201

530 W. Lake Mary Blvd., Sanford, FL 32773

#### www.chsfl.org/HEALTHYFAMILIESPROGRAM

Healthy Families Seminole provides a free resource service to pre-natal women and families with infants up to three months of age who are residing in one of the following zip codes in Seminole County: 32701, 32707, 32708, 32730, 32746, 32765, 32766, 32771, 32773, 32714, 32779, 32750. Upon meeting with the family assessment worker, eligible families may also enroll into the Healthy Families Program.

## **Children's Home Society Perinatal Program Early Head Start Program**

407-262-7688 ext. 235

321-397-3000

395 Piney Ridge Road, Casselberry, FL 32707

www.chsfl.org

The Perinatal Program provides ongoing parenting information and support for first time parents living in Seminole County. The Early Head Start program is a voluntary, home-based program for infants and toddlers, age's birth to three, in low-income families, pregnant women, and teens and their families.

#### **Community Counseling Center of Central Florida LLC**

407-291-8009

3544 Edgewater Dr., Orlando, FL 32804

Fax: 407-770-5503

P.O. Box 161585, Altamonte Springs, FL 32716-1585

www.ccccf.org

Parent education courses. Multiple curriculums. Infant, toddler, school age and teens.

#### **Down Syndrome Association of Central Florida**

407-478-5621

204 North Wymore Road, Winter Park, FL 32789

Fax 407-478-5698

www.dsacf.org

DSACF is the leading voice for individuals with Down syndrome and their families. We offer hope, encouragement and acceptance through advocacy, education and awareness so that each may realize their potential as members of our community.

#### **Families Anonymous Meeting**

407-869-0491

St. Stephens Lutheran Church in Longwood

Support group for family members of someone with a drug, alcohol or behavioral problem.

#### Florida Department of Health in Seminole County

407-665-3277

400 West Airport Blvd., Sanford, FL 32773

Fax: 407-665-3264

www.seminolecohealth.com/healthy-start/html

Childhood Vaccines

Effective September 1, 2013, all child vaccines are provided through the Child Health Clinic, by appointment, For children without any form of health insurance and for those whose assigned Medicaid Medical Home is the Health Department. Call 407-665-3700 for appointment. School forms only (no vaccines needed) can be obtained

directly through the Immunizations Clinic. Call 407-665-3700 for an appointment or more information regarding school forms.

Adult Vaccines and Travel Services

Adult and travel immunization services are provided through the Immunizations Clinic, by appointment, for fees. Services include routine and occupational adult vaccines, lab titers, travel consults, travel vaccines, and completion of college forms. Call 407-665-3700 for appointment or more information.

#### **Horizons Bereavement Center**

407-379-0490

595 Montgomery Road, Altamonte Springs, FL 32714

www.HospiceoftheComforter.org

Horizons Children's Loss Program helps grieving students adjust to the loss of a loved one by providing free grief support and education. Studies show that grieving youth are helped most in a group setting because they learn that their peers have experienced similar losses and that their feelings are not unusual. Our master's level children's counselors employ music, art and creative writing to help youth adapt to life following a loved one's death.

IMPOWER 407-331-8002

Orange/Seminole County: 587 E SR 434, Suite 1021, Longwood, FL 32750

www.impowerfl.org

Individual, group and family therapy in the home or school setting; behavioral analysis in the home or school, psychiatric services including medication management and evaluations, tele-health & tele-psychiatry services.

#### **Jewish Family Services of Greater Orlando**

407-644-7593

Fax: 407-628-0773

2100 Lee Road, Winter Park, FL 32789

www.jfsorlando.org

Emergency assistance includes financial aid for rent and utilities in a one-time assistance program. Emergency assistance services are by appointment.

#### Jo Ann C. Alexander, Ph.D., P.A.

407-761-8038

490 Graham Ave., Oviedo, FL 32765

Counseling for parents and children; parent training. Parent and children support group.

#### Kids House of Seminole, Inc. at the Wayne Densch Family Trauma Center

407-324-3036

5467 North Ronald Reagan Blvd., Sanford, FL 32773

Fax: 407-324-3045

#### www.kidshouse.org

The Kids House Wayne Densch Children's Advocacy Center's Child Advocate Program works collaboratively to meet the needs of children and their families by providing vital resources and support to families dealing with abuse and/or neglect. Parenting classes are offered by the Child Advocates through *The Nurturing Parent Program*. The classes teach positive and effective ways parents can interact with their children, based on their ages and stages of development. The focus is on the family – where children learn the values and beliefs that shape their futures. Parents and children learn together, during group sessions and dinner, over 15 weeks.

My Bottom Line 860-877-8707

P.O. Box 701350, St. Cloud, FL 34769

www.mybottomline.info

My Bottom Line is a resource to parents and families dealing with a child or loved one with an opiate addiction. MBL provides a unique and comprehensive education on opiate addiction, as well as support and resources for the family. The approach is "Right Time, Right Now" answers to any crisis type issue, as well as ongoing support.

#### **National Alliance on Mental Illness Greater Orlando (NAMIGO)**

407-253-1900

237 Fernwood Blvd., Suite 101, Fern Park, FL 32730

www.namigo.org

Email: information@namigo.org

NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system. All services are free.

#### New Hope for Kids, Inc.

407-331-3059 ext. 14

544 Mayo Ave. Maitland, FL 32751

www.newhopeforkids.org,

Email: information@newhopeforkids.org

The Center for Grieving Children of New Hope for Kids provides specialized grief support for children and families grieving the death of a loved one in Central Florida. Serving children ages 3-18, this unique community resource is FREE to all who attend. Our basic philosophy recognizes that illness and death are a part of life; we understand that acknowledging one's grief is essential for a person to move toward hope, healing and renewed happiness.

#### Partners with Families, Inc.

407-740-9177

Fax: 407-740-0902

2737 West Fairbanks Ave., Winter Park, FL 32789

Under Psychological Affiliates, Inc., www.psychologicalaffiliates.com

Partners With Families, Inc., offers court ordered supervision for parents and children. Our program is unique due to our ability to supervise the visitations in a public arena, such as a restaurant or a park, and day of the week or weekend day. The goal of Partners with Families, Inc. are to offer assistance to parents in maintaining contact with their children and to assist the Court by providing supervised visitation when the Court feels that it is in the best interests of both children and parents.

PFLAG 407-236-9177

P.O. Box 141312, Orlando, FL 32814

www.pflagorlando.org

Email: pflagorlando@yahoo.com

PFLAG (Parents, Families and Friends of Lesbians and Gays) promotes the health and wellbeing of gay, lesbian, bisexual and transgender persons, their families and friends. This is done through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Parents, Families and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity and acts to create a society that is healthy and respectful of human diversity.

#### **Prevent Child Abuse Florida**

1-850-921-4494 Fax: 850-921-907il

111 North Gadsden St., Suite 200, Tallahassee, FL 32301

#### www.preventchildabusefl.org

PCA Florida's mission is to prevent the abuse and neglect of Florida's children. Focusing on prevention and early intervention services, PCA Florida provides services to help parents, caregivers and community members create healthy, safe and nurturing experiences for children. PCA Florida advocates for programs that provide an opportunity for systemic change, societal solutions and policies that prioritize child abuse prevention strategies.

#### Seminole County Sheriff's Office Operation Right Track

407-708-7645

Mailing address: 100 Eslinger Way Sanford, FL 32773 Physical address: 1151 East 28th St., Sanford, FL 32773

#### www.seminolesheriff.org

Operation Right Track is a two-day initiative designed to offer parents an avenue of intervention for youth on the edge of delinquency. Youth undergo a structured program designed to instill accountability. It is mandatory that families participate in both of the two-day sessions, no exceptions will be made. Open orientations are held on Wednesday evenings at 6:00 pm at 1151 East 28th Street Sanford, FL 32773.

#### University of Central Florida Center for Autism & Related Disabilities (UCF CARD)

407-823-6011

12424 Research Parkway, Suite 365, Orlando, FL 32826

#### www.ucf-card.org

CARD's purpose is to enhance the lives of individuals we serve by helping them become valued members of their communities. CARD offers supports within the natural contexts of homes, residences, childcare program, schools, and communities at no charge.

#### **UCF Marriage & Family Research Institute**

407-823-1748

Fax: 407-823-1749

12649 Triagulum Ct., Orlando, FL 32816

#### www.mfri.ucf.edu

Free counseling for couples and families. Counseling services provided by licensed providers, or interns who are supervised by licensed providers. Couples and families can learn to communicate effectively, resolve conflict in a healthy manner, and build bonds in their relationships.

#### **Yellow Umbrella Child Abuse Prevention Center**

321-723-2927

226 King St., Suite 120, Cocoa, FL 32922

Fax: 1(239)302-1361

#### www.yellowumbrella.org

Parenting classes that help parents learn new skills in dealing with children. Skills learned are empathy, positive communication, discipline vs. punishment, and cooperation vs. obedience, stress management, coping skills, setting boundaries, family rules, respect and more. This is a 12-week course with 24-contact hours taught by professionals with over 14 years of experience. Classes provided in Spanish and English.

## **Substance Abuse**

#### **Aspire Health Partners (Seminole Behavioral Healthcare)**

407-321-HELP / 407-323-2036

Access Center: 919 E. Second St., Sanford, FL 32771 24 hours

www.aspirehealthpartners.com Email: info@seminolecares.org

*Crossroads Substance Abuse Program*: Crossroads program is based on strategies, interventions and evidence-based practices that promote healing, recovery and enhance the quality of life. Individuals who abuse alcohol and/or other drugs come from all walks of life, ethnic backgrounds, and socio-economic levels. The Crossroads program is designed to restore individuals to a productive and independent life and that those with or without children will become parents and individuals who are responsible and capable of making decisions that affect the wellbeing of all family members.

#### **Aspire Health Partners (New Horizons Program)**

407-245-0014 ext. 234

100 West Columbia St., Orlando, FL 32806

www.aspirehealthpartners.com

New Horizons is a school-based counseling program working with students with school behavior problems, anger management, family problems, substance abuse and legal issues. Participate in weekly one hour group sessions. New Horizons is evidence based and proven to reduce ATOD use, criminal behavior and school suspensions while improving attendance, grades and ATOD knowledge.

#### **Center for Drug Free Living (Heart to Heart)**

407-767-0416

96 Pulmosa Ave., Casselberry, FL 32707

www.aspirehp.org

Women's residential substance abuse program; 4-6 months.

Chrysalis Health 407-219-9304

1703 West Colonial Dr., Orlando, FL 32804

www.chrysalishealth.com/

Provides in home mental health and substance abuse services to children, adults, and families and accepts all the Medicaid HMO's and can accept FSPT funding.

#### **Discovery Counseling of Orlando**

407-376-3773

Fax: 407-264-6333

1180 Spring Centre South Blvd. #212 Altamonte Springs, FL 32714

www.discoveryorlando.org

Discovery Counseling provides affordable, professional, Christian counseling to our community. We offer connections with trained professionals who can offer comfort, hope and direction as you navigate through life's struggles. Our services include counseling for pre-marriage, marriage, re-marriage, divorce, children, adolescents, family issues, sexual integrity, addiction recovery, identity, depression, anxiety, mood issues, and other relational problems.

DrugRehab.com 877-677-4081

www.drugrehab.com/florida/orlando

Provides information and answers for people fighting addiction, including teen rehab centers.

#### Journeys End Counseling, LLC

407-678-9800

Fax: 407-315-0048

1155 S. Semoran Blvd., Suite 1150, Winter Park, FL 32792

www.journeysendcounseling.com

Outpatient substance abuse treatment consisting of weekly individual and group sessions, recovery support planning and random urinalysis testing. Treatment is generally 3-6 months. Additional interventions include family counseling, couples counseling and education, relapse prevention and skill building. Accepted payment: Self pay, TANF, FSPT, Cigna, Aetna, United Behavioral Health, United Health Care, Magellan, Magellan Medicaid, Value Options, out of network provider Blue Cross/Blue Shield and various EAP providers.

My Bottom Line 860-877-8707

P.O. Box 701350, St. Cloud, FL 34769

www.mybottomline.info

Email: mary@mybottomline.info

My Bottom Line is a resource to parents and families dealing with a child or loved one with an opiate addiction. MBL provides a unique and comprehensive education on opiate addiction, as well as support and resources for the family. The approach is "Right Time, Right Now" answers to any crisis type issue, as well as ongoing support.

#### **New Life Connections, Inc.**

407-322-7779

404 West 25th St., Sanford, FL 32771

www.new-life-connections.org

Licensed by DCF. TANF provider. Voluntary or court ordered outpatient treatment to fit the needs of the client. Visit the website or call.

#### **Recovery House of Central Florida**

407-323-5857

Fax: 407-322-8675

1303 West 13th St., Sanford, FL 32771

www.rhcf.org

Email: info@recoveryhouse.fl.com

Transitional housing and support services for adult males with substance abuse issues.

#### **Seminole Prevention Coalition**

407-212-8040

100 Eslinger Way, c/o Public Affairs Division, Sanford, FL 32773

www.seminolepreventioncoalition.org

Seminole Prevention Coalition is a community-wide coalition connecting non-profit, governmental, community-based organizations, local business and citizens to help strengthen the community through effective prevention efforts aimed at underage drinking, substance abuse, prescription drug abuse and tobacco use among Seminole County youth. SPC takes a leadership role in improving the quality of life for youth and families by providing research and education directed to build a strong, healthy and drug-free community now and in the future.

#### The Grove Counseling Center, Inc.

Office and Outpatient Clinic

111 West Magnolia Avenue, Longwood, FL 32750

The Grove Academy (Adolescent residential program)

580 Old Sanford/Oviedo Road, Winter Springs, FL 32708

#### www.thegrove.org

The Grove offers a wide variety of programs for the treatment of substance use and behavioral health disorders, with convenient locations in Longwood, Sanford, downtown Orlando, and Winter Park. We offer outpatient services for teens and adults, as well as voluntary partial hospitalization and residential/inpatient programs for adolescents. High-quality affordable treatment; Medicaid accepted, sliding fee scale for those without insurance, many insurances accepted. The Grove also offers an after-school program and summer camp for elementary-aged children.

#### **Wraparound Seminole**

407-688-9650

407-292-3414

407-327-1765 ext. 1900

Fax: 407-339-2129

2921 South Orlando Dr., Sanford, FL 32773

www.seminolesystemofcare.org

Email: SOCinitiative@cbc-ci.org

Wraparound Seminole serves ages 13-21 with intensive emotional, behavioral, and mental health challenges. Youth in this program are served by a wide variety of agencies and services in the Seminole System of Care, including mental health, education, vocation, substance abuse, child welfare, and juvenile justice.

## **Transportation**

Greyhound Bus Lines

555 North John Young Parkway, Orlando, FL 32805

www.greyhound.com/

Home Free Program offers a free Greyhound Bus Lines Ticket to runaway youth. Contact your local law enforcement agency for a certificate.

LYNX 407-841-LYNX (5969)

455 North Garland Ave., Orlando, FL 32801

www.golynx.com

LYNX is the regional public transportation provider, offering service to business, tourist and neighborhood destinations in Orange, Osceola and Seminole counties. 7-day and 30-day passes are available. Discounted fares are available to eligible passengers with a LYNX issued ID.



## Member Agencies, Organizations and Child Advocates

Above and Beyond: Children & Community Services
Boys Town Central Florida
Community Based Care of Central Florida
The Florida Department of Health in Seminole County
Seminole County Friends of Abused Children
The Grove Counseling Center, Inc.
IMPOWER

Janean Knight

Health Council of East Central Florida
Kids House of Seminole, Inc.
Seminole County Bar Association Legal Aid Society, Inc.
Seminole County Sheriff's Office
Seminole Prevention Coalition, Inc.
Visions TCM