

### Monthly Members Meeting

October 24th, 2023

Welcome & Introductions

Homelessness In The News, Kate Santich

Point-In-Time (PIT) Count Update, L. Rashad Haynes

**CLSMF Needs Assessment,** Christina Russo Walters – Community Legal Services of Mid-Florida

Valencia College Accelerated Skills Training, Christina Foreman – Valencia College

Peer Support Space At A Glance, Yasmin Flasterstein – Peer Support Space, Inc.

**Coordinated Entry Review,** Robin Daily – Orange County

**HMIS Updates,** Tino Paz – Homeless Services Network

Brighter Days Update, Valerie Perez

Announcements

Agenda

### Welcome!

### Homelessness In The News

Kate Santich, Homeless Services Network

### POINT IN TIME COUNT-2024 | Rashad Haynes

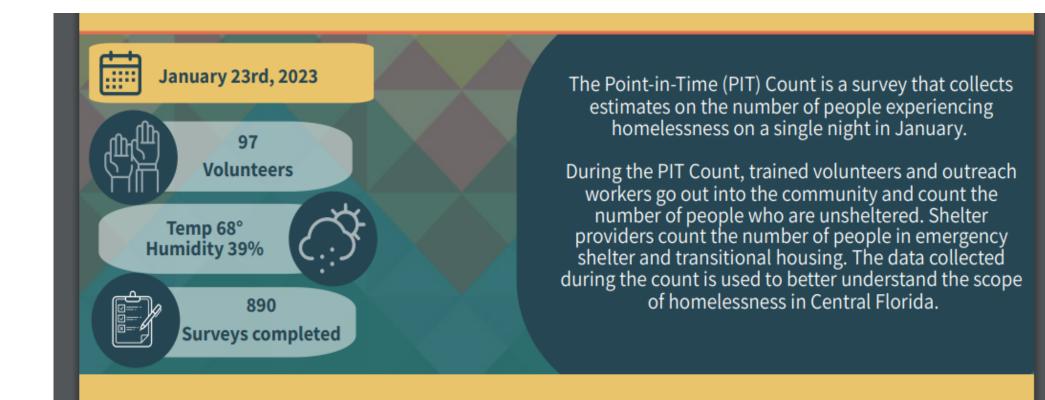


SAVE THE DATE DATE FROM Jan. 23rd TO Jan. 25th

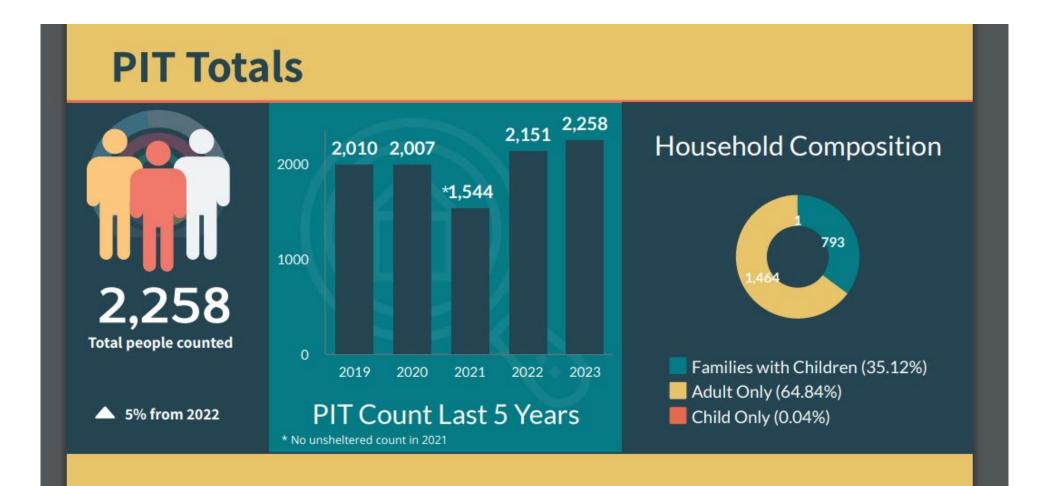
Please join us in this essential count of individuals and families struggling with homelessness in Central Florida. You'll be able to sign up for a short online training session and volunteer for shifts at the time and day of your choosing. Your work will directly help our unhoused neighbors.



### POINT IN TIME COUNT-OVERVIEW



### POINT IN TIME COUNT-OVERVIEW



### CLSMF Needs Assessment

Christina Russo Walters, Community Legal Services of Mid-Florida

### HELP US IDENTIFY THE MOST PRESSING CIVIL LEGAL NEEDS IN CENTRAL FLORIDA!

- How legal issues have impacted our communities.
- Whether residents know about the availability of legal services.
- What issues prevent those we serve from having more stable relationships, jobs, income, housing, etc.
- How we can support the community to provide resources in a way that works best for those who need them.



### Here's how you can help:

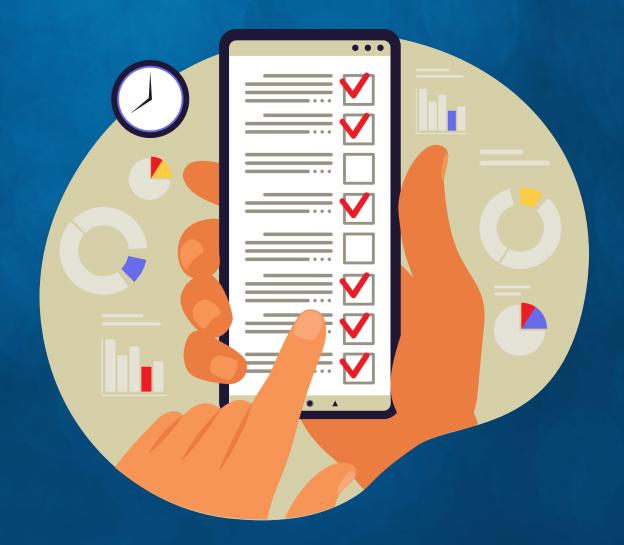
- Add the link to the Community Member Survey to your website and post to your social media accounts. The responses are confidential, and participants will have the opportunity to win a \$25 gift card.
- Send the "Invitation to Participate" to email distribution lists of clients or community partners that you host or belong to.
- Post our Legal Needs Assessment Flyers in your local offices or locations where members of your community gather regularly.
- Complete the Community Partner Survey.
- Participate in a focus group. If you are interested in participating in a focus group, please contact us at needs@clsmf.org.







#### CLSMF.ORG/NEED



### Valencia College Accelerated Skills Training

Christina Foreman, Valencia College

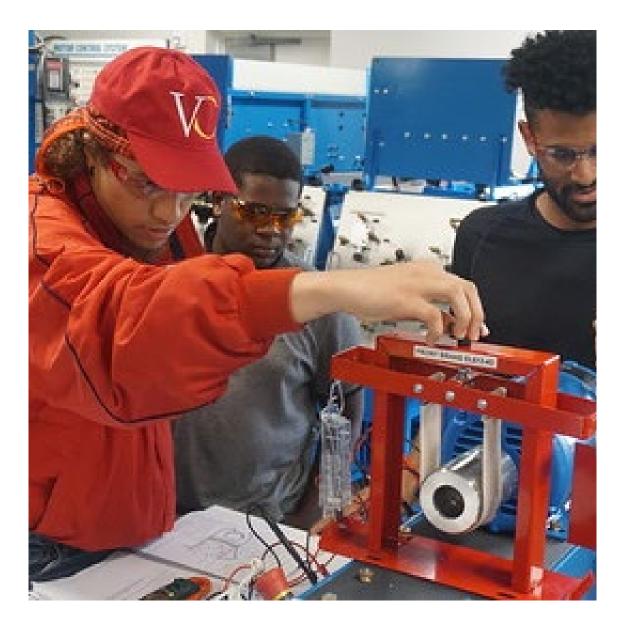
### VALENCIACOLLEGE

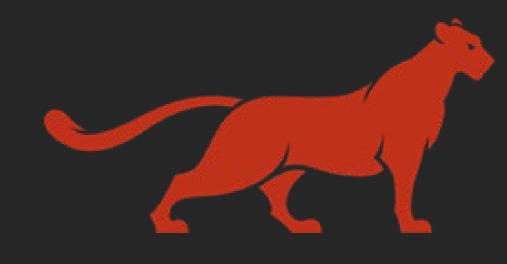
#### **Accelerated Skills Training**

#### **Christina Foreman**

Sr. Director, Continuing & Professional Education cforeman8@valenciacollege.edu







### Serving Central Florida Since 1967

### Orange & Osceola Counties

### VALENCIACOLLEGE

# VALENCIACOLLEGE



#### Lowest Tuition and Fees

You can earn a two-year associate degree from Valencia College for about \$6,000. That's nearly half the cost of a Florida public university. In fact, Valencia College has the lowest tuition of any public college in Central Florida.



#### Convenience and Flexibility

Earn a degree on your schedule. Take day, night or weekend classes. Start later or end your classes earlier with Flex Start courses. Right now, all courses are online, so you can attend from anywhere too.



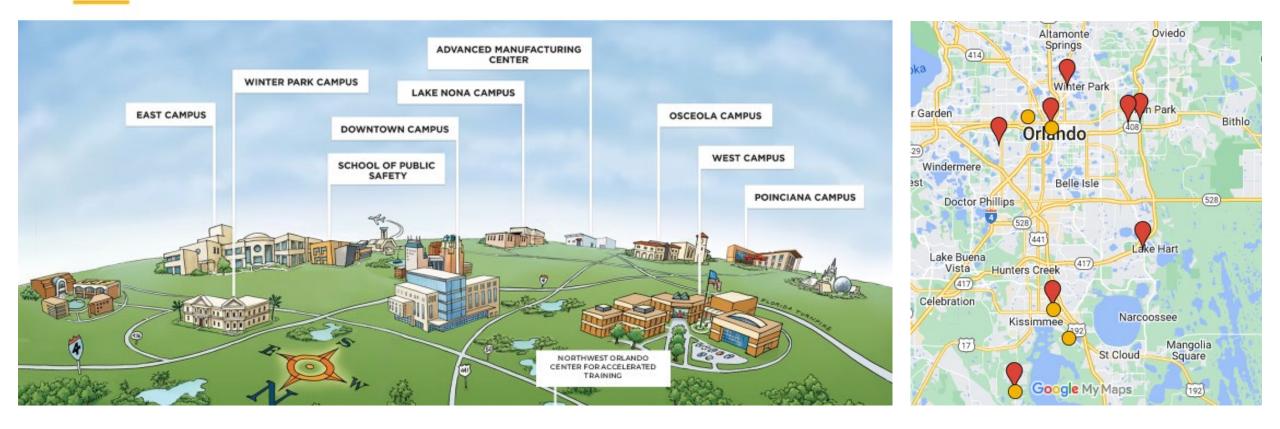
#### Over 130 Programs

Valencia College has more than 130 programs of study to get you to your goals. Earn an associate degree here and either stay to earn a bachelor's degree or start your career. With an associate degree, you can also transfer to a four-year college or university.

VALENCIACOLLEGE



#### **10 Locations**



### The Beginning: Accelerated Skills Training (AST) Programs

#### **Diverse Populations Not Being Served**

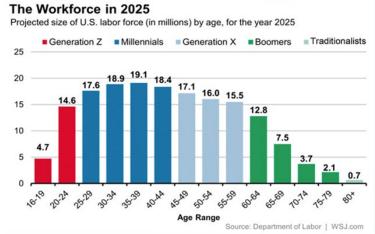
- High School non-completers
- People in distressed communities
- People who didn't want to go to college or people who tried college and were not successful
- Unemployed & Underemployed (hospitality)

#### **Workforce Generational Changes**

- The "Boomer" labor force has been declining by 2.2 million on average each year since 2010, or about 5,900 daily. (Pew Research Center)
- "Generation X" is significantly smaller than the Boomers" or "Millennials"
- "Millennials" / "Gen Z" don't have knowledge of careers in Manufacturing or Construction

#### Workforce Gap – Employers Needing Help - Now

- Need talent Need it today
- Need it to focus on our specific needs
- Need help finding the skilled people to fill the gap



VALENCIACOLLEG







Fast - Accelerated Program Length Range 2 to 28 weeks

#### **Industry Certifications**

Nationally Recognized Portable

#### **Strong Industry Partnerships**

Content is developed with companies in each industry



#### **Hands-On Training**

Classroom = 20 - 25%Hands-On = 75 - 80%

#### **Small Class Size**

Average Class Size 12 Students

#### **Operates like the Workplace**

Workplace Essentials Attendance / Engagement Schedules that do not follow a typical semester

**Placement Assistance** 

**Professional Resume Creation** 

**Financial Literacy** 

Workplace Skills

Articulation – degree credit

Lynx Bus Pass – good for 1-year













#### **Residential Maintenance**

Partnerships with Mgt Companies

Maintenance of all aspects of residential properties

#### Carpentry

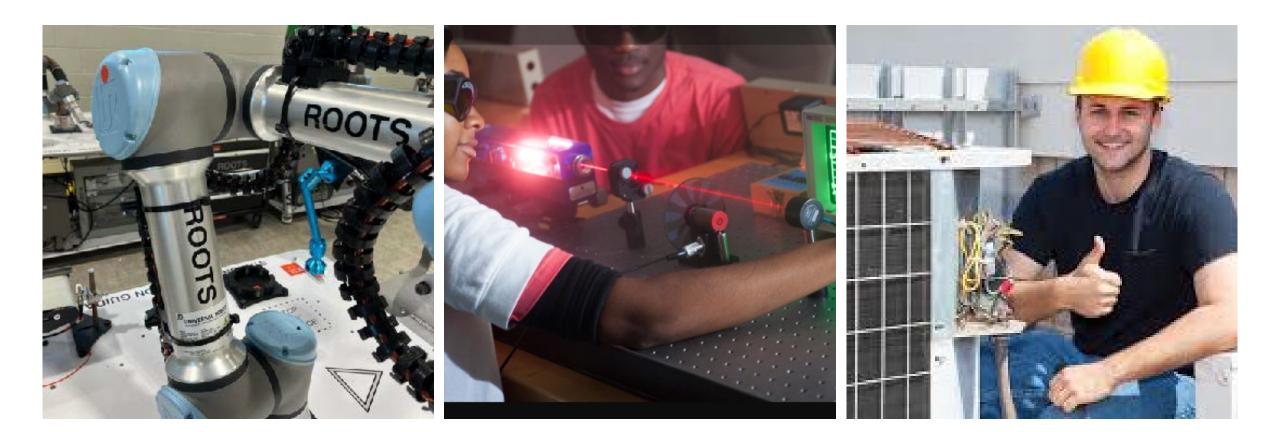
Basic to advanced carpentry Building structures, cabinetry

#### **Residential/Commercial Electrician**

Bending pipe, threading wire

Circuits, panels, boxes, components





#### **Robotics**

Autonomous programming

**Robotic application fundamentals** 

Automation in a clean room environment

#### **Precision Optics & Photonics**

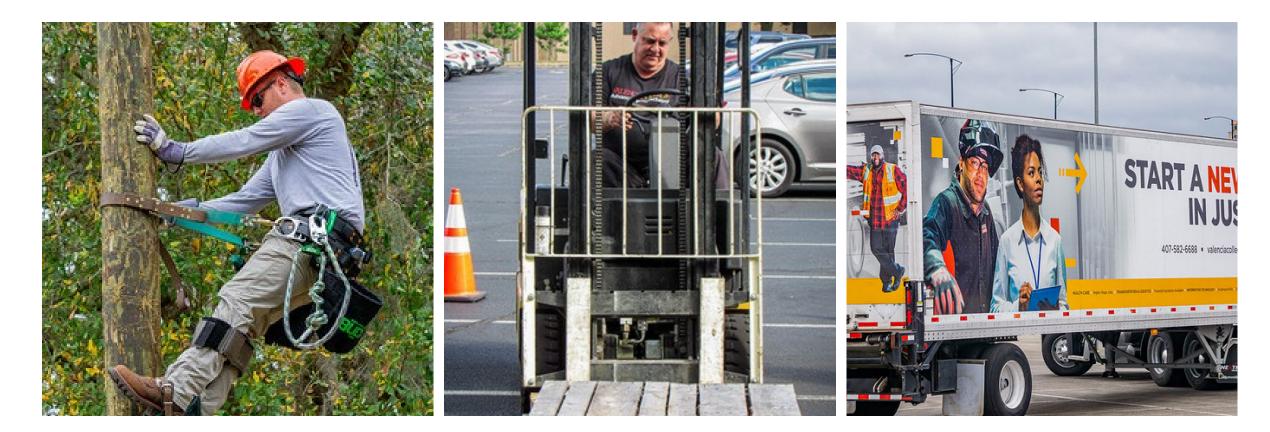
Precision optical fabrication for producing lenses

Lens fabrication using lasers

#### **Residential/Commercial HVAC/R**

Principles of heating, ventilation, air conditioning & refrigeration

Air distribution systems



#### **Electrical Powerline**

Partners with local power companies

Climbing, transformers, pole placement, safety

#### **Distribution Operations**

Forklift training

All functions of warehouse distribution - stack, rack, pack

#### **Commercial Truck Driving**

CDL-A (tractor-trailer) CDL-B (box truck / busses)





#### Clinical Medical Assistant + EKG

Partners with local integrated health systems

Key certifications: CMAA / EKG Technician (CET)

#### Medical Office Specialist

Focuses on front office skills

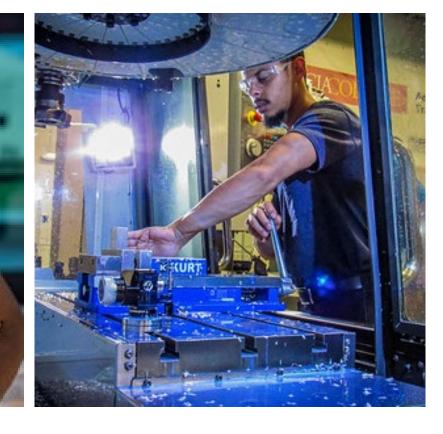
Electronic Medical Records, medical coding, front office systems

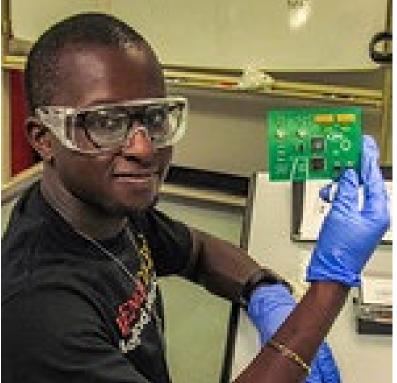
#### **Computer Numerical Control**

Turning, milling, drilling, shaping, grinding & smoothing custom parts

Set up, operation of CNC machinery







#### **Electronic Board Assembly**

Soldering - level 3

Precision measurements & quality

Cable & wire harnessing





Automation, hydraulic & pneumatic systems

Maintenance operations, preventive maintenance, electronic theory

#### Welding Technology

Fabrication, plasma Arc cutting, Arc welding, gas metal Arc, gas tungsten Arc, flux-cored Arc

Valencia College Accelerated Skills Training Programs



#### **Core Construction**

Mobile program

All equipment in trailers - community-based program

#### **Re-entry - Orange County Jail**

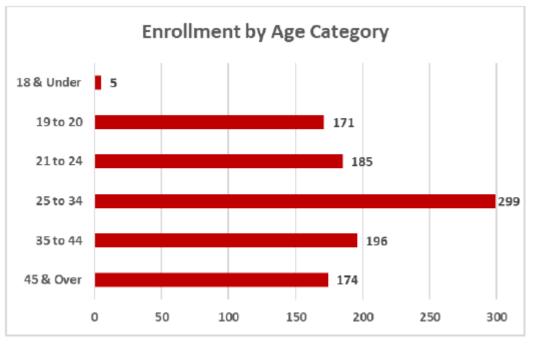
Core Construction taught in the Orange County Jail

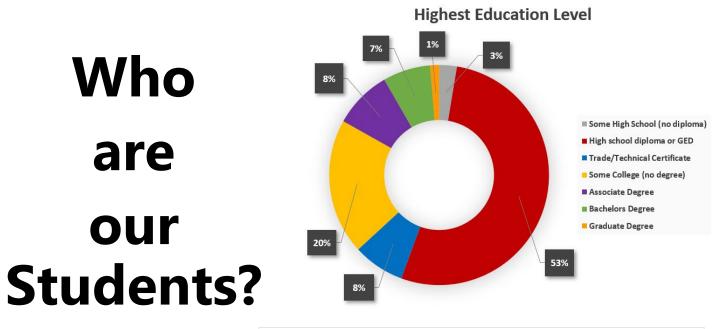
Inmates selected / placement assistance

#### **Heavy Equipment Operator**

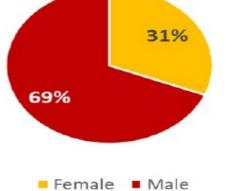
College dedicated 3 acres of land CAT Simulators & CAT Equipment Job-site environment

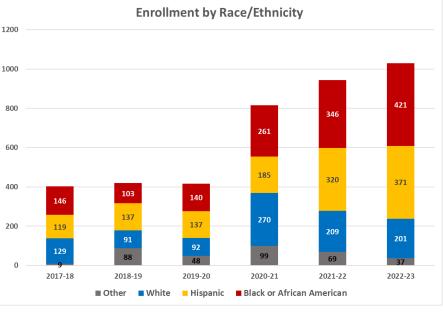






Enrollment by Gender







AST Program	15/16	16/17	17/18	18/19	19/20	20/21	TOTAL
Apartment Maintenance Technician	0	0	0	35	18	57	110
Carpentry	0	0	0	8	7	35	50
Clinical Medical Assistant	0	0	55	70	83	158	366
Commercial Truck Driving	0	0	0	0	0	81	81
Computer Numeric Control	24	23	19	35	24	29	154
Distribution Operations Technician	0	0	0	0	23	30	53
Electric Powerline Technician	0	0	0	9	18	29	56
Electronic Board Assembly	23	47	75	52	54	76	327
Heavy Equipment Operator	0	9	20	33	30	40	132
Industrial Maintenance Technician	0	7	31	61	70	78	247
IT/Network Support Specialist	0	0	0	0	0	59	59
Medical Office Specialist	0	0	0	0	0	82	82
Orange County Jail - Construction	In Core	In Core	In Core	In Core	30	0	30
Orange County Jail - Masonry	0	0	0	0	12	0	12
Transportation / Logistics	0	0	20	6	0	0	26
Welding I	14	20	30	25	33	24	146
Welding II	0	15	13	19	15	22	84
Other: Orange County Cares	0	0	0	0	0	15	15
Discontinued AST Programs							
Core Construction	82	138	122	72	0	0	414
СРТ	10	6	0	0	0	0	16
Quality and Inspection	38	5	0	0	0	0	43
Private Security	0	9	34	0	0	0	43
911 Telecommunications	0	5	4	0	0	0	9
TOTAL	191	284	423	425	417	815	2555
"0" indicates program was not an active AST Program for fiscal period							

### Program Enrollment

**Preliminary Results: FY 22-23** 

915 AST Students

**104 Upskill Students** 



AST Program	FY 22-23 Average Hourly Starting Wage	Region 12 ENTRY Wage ^	Wage Difference			
Carpentry	\$16.82	<mark>\$1</mark> 5.76	\$1.06			
Clinical Medical Assistant +EKG *	\$16.03	<mark>\$1</mark> 3.42	<mark>\$2.61</mark>			
Commercial Truck Driver - Class A	\$21.78	<mark>\$1</mark> 5.04	\$6.74			
Community Association Manager	\$19.55	\$16.08	\$3.47			
CNC Production Specialist	\$19.59	<b>\$1</b> 3.90	<b>\$5.69</b>			
Distribution Operation Technician	\$17.52	\$14.64	\$2.88			
EKG + Patient Care Technician	\$16.05	\$13.42	<b>\$2.63</b>			
Electrical Powerline Technician	\$21.57	\$17.74	\$3.83			
Electronic Board Assembly	\$17.04	\$19.62	-\$2.58			
Heavy Equipment Operator	\$17.58	<b>\$1</b> 5.03	\$2.55			
Industrial Automation Technician	\$22.74	<b>\$16.15</b>	\$6.59			
IT Support Specialist	\$18.27	<mark>\$1</mark> 5.50	\$2.77			
Medical Office Specialist	\$16.85	<b>\$1</b> 5. <b>1</b> 9	\$1.66			
Residential / Commercial Electrician	\$15.72	<b>\$1</b> 5.92	-\$0.20			
Residential Maintenance Technician	\$18.30	\$12.70	<b>\$5.60</b>			
Robotics Technician *	TBD	<b>\$16.15</b>	TBD			
Welding II & Welding Technology *	\$20.41	\$15.82	\$4.59			
ALL AST Programs	\$18.49	\$15.42	\$3.07			
Average hourly wage calculated using recorded wages as reported by students & employers.						
^ Source: CSCF 2022-23 Regional Demand Occupations List		* New Program in FY 22-23				

Average Starting Wages

#### Valencia College Accelerated Skills Training Programs

### **AST Enrollment Process**

**Three Easy Steps** 

- 1. Fill out an AST Application valenciacollege.edu/ast-application
- 2. Speak with a recruiter
- 3. Work with recruiter on funding options

Email us: <u>astinfo@valenciacollege.edu</u> Call us: 407-582-6688

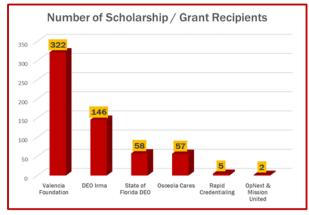




**Accelerated Skills Training** 

### **Tuition Funding**







Valencia Foundation Managed Scholarships	Number of Scholarships	
Bank of America	102	
Pepsico	71	
Other	28	
Metallica	27	
City of Orlando	26	
Valencia Foundation - AST Special Requests	22	
Westgate	18	
Steve Pointer	12	
Lockheed Martin	11	
Orlando Rotary Club	9	
Amazon Career Choice	8	
Duke Energy	6	
Haas	6	
JLL	5	
Residential Property Management (AAGO)	5	
Garrison	2	







### **Community and Non-Profit Partners**

City of Orlando CareerSource Orange County Community Action -Second Harvest Level Up Orange **County Commissioners Chamber of Commerce Non-Profits Organizations Business Associations Veterans Organizations** Rotary



INSPIRING BRIGHTER AND HEALTHIER LIVES

Valencia College Accelerated Skills Training Programs



# Take the next step



**Degree Programs** 

#### Accelerated Skills Training Programs

Language Programs

**Certificate Programs** 









### Peer Support Space, Inc.

Yasmin Flasterstein, Peer Support Space of Central Florida

## Peer Support Space at a Glance

Peer services, the research, & the history being made in Central Florida.

# Neet Your Presenter

#### Yasmin Flasterstein

Co-Founder & Executive Director of Peer Support Space







Peer Support Space, Inc. Where Chosen Family Heals Together.

# But wait... What is a "peer"?



#### Self-Driven

Peer services are voluntary and led by the individual being supported.

#### **Mutual**

The peer supporter and the person being supported are equal; the peer supporter strives to deconstruct any inherent power hierarchies.

[Some] Core Values of Peer Support

#### Individualized

Peer support can take many forms, theres no "one way" or "one size fits all approach"

#### Non-prescriptive

It is not the place of the peer supporter to fix, prescribe, or tell the person being supported what to do.



### How Can I become a Certified Recovery Peer Specialist?



Peer Support Space, Inc Where Chosen Family Heals Together



#### Self-Identification

If you self-identify as a peer (or a family member of a peer) then you are eligible to pursue becoming a peer specialist.

#### Training

40 hours of training in topics including WRAP, Advocacy, Mentoring, Cultural Competence and more





#### Supervision

500 hours of supervised work and/or volunteer experience and 16 hours of on-the-job supervision

# Why is this important?





THE SAME COMMUNITIES WITH THE LEAST ACCESS TO MENTAL HEALTH SERVICES:

Have the highest rates of suicide and other mental health challenges.

Are most frequently met with culturally incompetent care.

Have compounded mental health stigma in their community that discourages help-seeking.

Have a history of distrust, or even bad experiences, with the mental health system.

Have higher levels of daily experiences with things like generational trauma, racism and prejudice that further affects mental health.

Experience a revolving-door mental health system.



## THE solution





Group photo from Lotus, our community gathering for LGBTQ+ Asians



# A Chosen Family that Heals Together.

Building diverse peer-led recovery communities and advocacy initiatives that are led by and for the communities they serve.



eer Support Space, In Where Chosen Fam Heals Togeth

# "WE'RE CREATING A COMMUNITY WE DON'T HAVE TO BE RESILIENT AGAINST"

-TAMIA MCEWEN, PEER SUPPORT SPACE FACILITATOR FOR YOUR BLACK MATTERS



#### ACCORDING TO MENTAL HEALTH AMERIA (2019)'S "EVIDENCE FOR PEER SUPPORT" PEER SUPPORT:

- Reduces re-hospitalization rates
- Reduces days spent inpatient
- Lowers overall cost of services
- Increases use of outpatient services.
- Increases quality of life.



Peer Support Space is a 100% peer-led grassroots collective located in Central Florida that was founded in 2019.

> Peer Support Space. Where Chos

Mission Statement:



# We build, and are a local hub for diverse, peer-led recovery communities.

WONENAGING

#### Community Gatherings

A space to build a support system, and a sense of chosen family, with your community.

#### 1:1 Peer Support

A space to receive individualized support from someone who has similar lived experience.



#### Lived-Experience Led Advocacy

Challenging oppressive, discriminatory systems and advocating for those with mental health struggles

#### **Overnight Respite**

A space to take a break from hardship while being supported by those who have "been there before".

### [Some] of our communities:

- Those navigating <u>any</u> life struggle
- The Autism Community
- LGBTQ+ Asians
- LGBTQ+ Women
- Black Community
- Black LGBTQ+ Community
- Hispanic/Latinx Community
- Healing Professionals

- Gender Queer Community
- Disabled Community
- Young people living with HIV
- Those that heal through gardening
- Those that heal through writting
- Those that heal through D&D
- and more!





Mon - Sat @ 12 PM + 6 PM (EST)

### Digital Communal Gatherings\*

#### Email Mary@PeerSupportSpace.org for Zoom info to join!

An ongoing peer support space for all community (18+) looking to connect with others in a space centered around support and mutual care.

\* closed captions available at every gathering. Please message us if you have any other accessibility needs.



#### @PeerSupportSpace

#### **Daily Schedule\***

NON	12PM: GENERAL CHECK-INS									
Z	6PM: GENERAL CHECK-INS									
5										

12PM: GENERAL CHECK-INS 6PM: TOPIC TUESDAY

12PM: GENERAL CHECK-INS6PM: GENERAL CHECK-INS

12PM: TRIVIA THURSDAY

12PM: GENERAL CHECK-INS 6PM: VIRTUAL SHOW & TELL

12PM: GENERAL CHECK-INS 6PM: GAME NIGHT



**General Check-Ins** are gatherings where every participant has a chance to share (if they'd like to) whatever they want about their experience. After the share the peer facilitator checks-in to see the what kind of support is most helpful from the group (words of support, affirmations, or if they just wanted to share). You're welcome to join to just

check it out and see if the space is comfy for you!



\* Schedule subject to change

## Eva's

Located in the 8000 district of Orlando, this alternative to psychiatric hospitalization in scheduled to open in February 2024!

- A 3.5 bedroom, nonclinical environment where individuals can take a 1-7 night respite free of charge.
- A voluntary, self-driven break with the support of trained individuals who have "been there" before.
- Research shows that those using peer respites are 70% less likely to use inpatient or emergency services (Psychiatric Services, 2015)







## Who is this for?

Peer respites are often used as an alternative to mental health hospitalization. They are most frequently used as a preventative measure catching individuals "when breaking down" before a crisis. They can also be a good fit for those leaving crisis services that are ready to be the drivers of their own care but need some time before going home.

The following criteria is needed for a guest:

- 18 years of age.
- Experiencing mental distress.
- Agrees to Guest Agreement for Overnight Stays.
  - Those that understand this is nonclinical and self driven care.
  - Are in a place to be mindful of others' needs.
- Has a place to go after their stay.





## **Activities Available**

#### Scheduled Activities:

- 1:1 Peer Support
- Daily Check-Ins
- Workhops
- WRAP Planning
- Field Trips
- Group Meals
- Karaoke
- Jam Sessions
- Gardening
- Movie on the Lawn

#### **Requested Activities:**

 Each shift each peer supporter will have a profile posted sharing the wellness tools they enjoy and would be happy to share during thie shift. This may include music, cooking, gardening, and more!

Ongoing Activities:

- Painting
- Reading
- Arts and Crafts
- Meditation
- Resume Building
- Resource Navigation
- Video Games
- Puzzles
- Face Masks
- Volunteer Opportunities





# It Takes A Community to Heal a Community

Join us.





Donate

Join a Committee

Partner

Volunteer

Spread the Word!





# Get Connected!

Find our resources visiting PeerSupportSpace.org and clicking "download our resources" on the homepage.

- Home Donate About Us > Our Resources > Advocacy > 😚 🞯 🛅 💟 🖸
- Facebook.com/PeerSupportSpace
- Instagram @ PeerSupportSpace
- Twitter @PeerHealing

# Questions?

Feel free to connect with me! (321) 926 1336 yasmin@peersupportspace.org



### Coordinated Entry Review

Robin Daily, Homeless Services Network

#### **Coordinated Entry Review**

**Robin Daily** Coordinated Entry Supervisor



**Coordinated Entry System (CES)** 

### A community-wide process that streamlines access to housing using data-driven methods to serve people with the most appropriate intervention in the right order.

#### **Stages of Coordinated Entry**

**1.** ACCESS: All people in the CoC's geographic area have fair and equal

access to the coordinated entry process, regardless of where or how they present for services. Fair and equal access means that people can easily access the coordinated entry process, whether in person, by phone, or some other method.

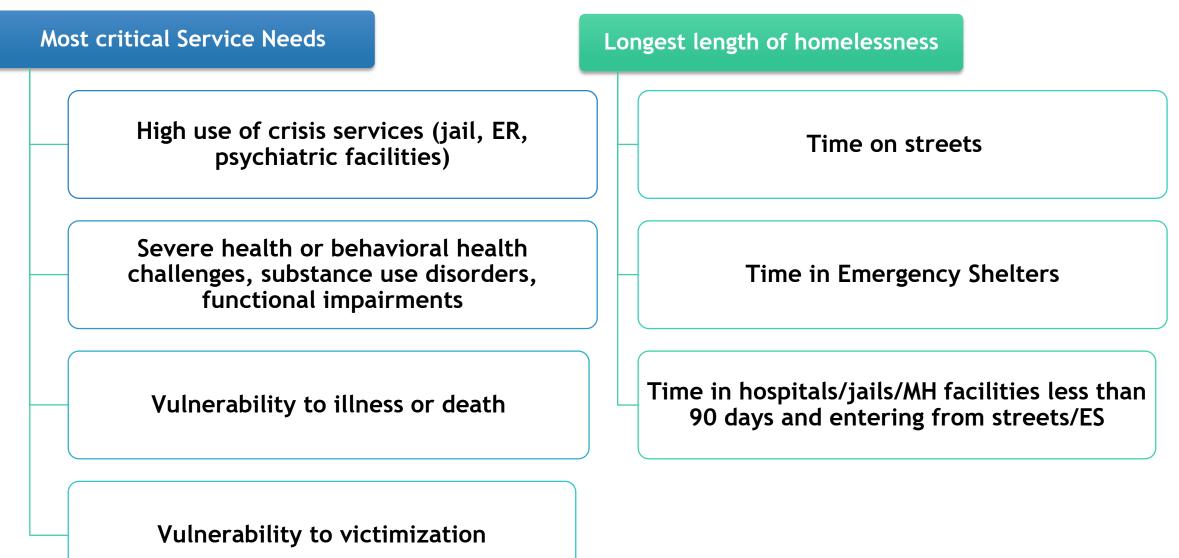
- 2. ASSESSMENT All coordinated entry locations and methods (phone, inperson, online, etc.) offer the same assessment approach and referrals using uniform decision making processes.
- **3. PRIORITIZATION** HUD has determined that an effective coordinated entry process ensures that people with the greatest needs receive priority for any type of housing and homeless assistance available in the CoC, including PSH, Rapid Rehousing (RRH), and other interventions. Coordinated entry processes help communities prioritize assistance based on vulnerability and severity of service needs.
- **4. REFERRAL:** The coordinated entry process makes referrals to all

projects receiving Emergency Solutions Grants (ESG) and CoC Program funds, including RRH, PSH, and transitional housing (TH)

#### **Coordinated Entry System Big Picture**

Community **Access Points Referral to Housing** Common By Name List 211 Intervention **Prioritized by Acuity** Assessment High Acuity (8-17) Shelter Mid Acuity (5-7) HUB Low Acuity (0-4) Outreach **Divert Navigation Options outside CES** Intake Assigned **VI-SPDAT** RRH based on **Drop In** acuity and PSH program availability

#### **Prioritization Factors**



#### **Registry and Prioritization**

1	A	В	С	D	E	F	G	Н	1	J	K
	Housing Needs Approximate										
	County_It	Househol		Assessment	VI-SPDAT		Current Living	Enrollment	Homeless		Total Days
1	emDesc *	d Type 🔻	HMIS # -	Score	- Rank -	Age 🔻	Situation 💌	_EnrollDa -	Start Date 💌	Today's Date 💌	HL 🔻
2	Osceola Co	Adults Onl	111111	11	34.5	56	Place not meant for h	4/20/2023	1/1/2011	5/4/2023	4506
3	Orange Co	Adults Onl	222222	12	18.5	27	Place not meant for h	4/25/2023	5/15/2015	5/4/2023	2911
4	Seminole (	Adults Onl	333333	11	34.5	40	Other	5/1/2023	1/1/2013	5/4/2023	3775
5	Orange Co	Adults Onl	444444	13	11.5	39	Emergency shelter, inc	3/27/2023	8/1/2016	5/4/2023	2467
6	Orange Co	Adults Onl	555555	14	7.5	50	Place not meant for h	3/27/2022	4/1/2018	5/4/2023	1859
7		Adults Onl	66666	10	66	36	Emergency shelter, inc	3/6/2023	6/1/2006	5/4/2023	6181
8	Osceola Co	Adults Onl	7777	10	66	50	Place not meant for h	3/8/2023	1/1/2013	5/4/2023	3775
9		Adults Onl	888	14	7.5	45	Place not meant for h	8/26/2022	2/12/2019	5/4/2023	1542
10	Orange Co	Adults Onl	999999	10	66	38	Place not meant for h	3/23/2023	7/5/2015	5/4/2023	2860

We follow up first with the highest priorities before moving down the list

How a person populates onto the registry:

#### People pull onto registry with an open CE project entry + VI-SPDAT

• This is the only way for someone to be reviewed for housing assistance.

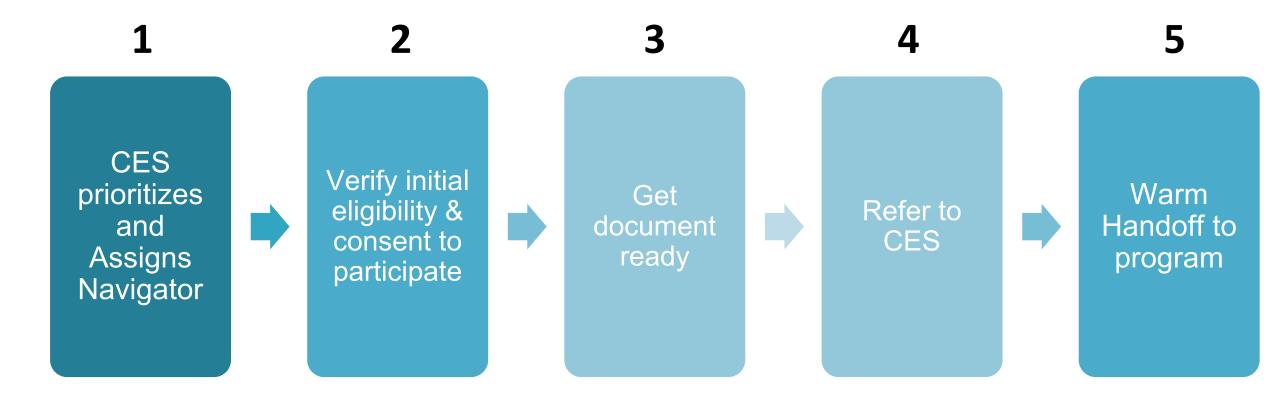




# Think of everyone you encounter who needs housing.

#### How would you prioritize who receives services?

#### **Assigned Navigation Workflow**



#### **Assigned Navigation**

**What** A streamlined approach to help persons with the highest acuity get into supportive housing.

**How** By utilizing the Full Registry, we start with the highest acuity first to assign a Navigator to work with them on housing.

Navigators are assigned *only* when there are program openings.

**Why** Because resources are limited, we offer RRH/PSH to highest acuity folks *first* before moving down the list.

It also helps manage the inflow of referrals to programs.

#### **Getting document ready**

- For **both** Housing programs
  - Proof of literal Homeless within our CoC
  - Adults Valid ID and social
  - Minors Birth Certificate or Proof of guardianship
  - Proof of total gross household income at or below 50% AMI
  - HMIS ROI (ensure one exists within past 3 yrs)

For RRH - 1 single touch of homelessness is needed

*For PSH* - 12 months of homelessness in the past 3 years; documented proof of disability

#### **Phases of Navigation**

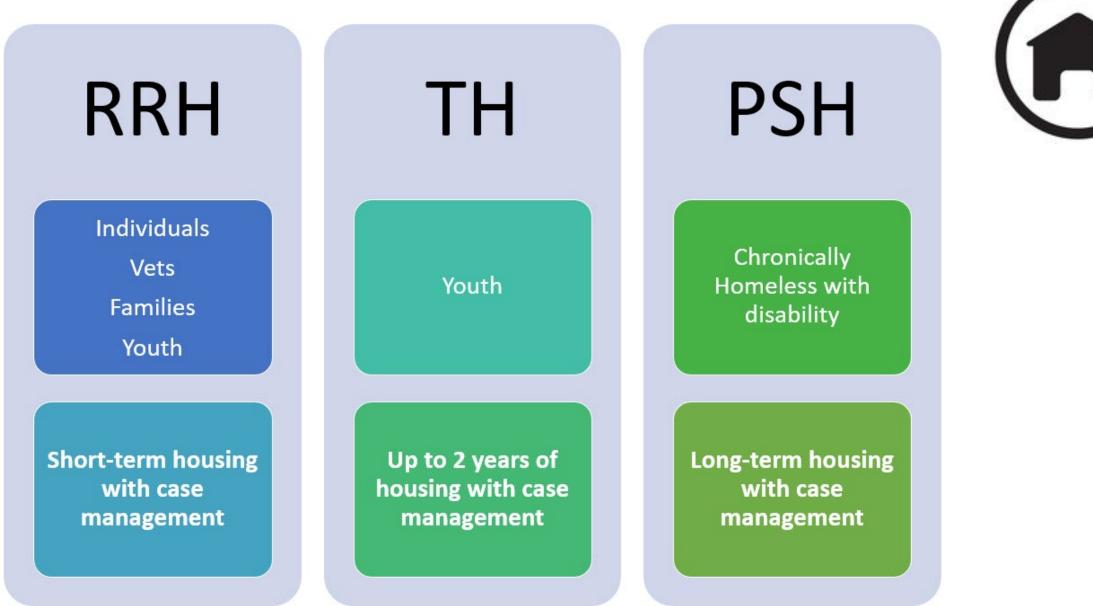
#### Phase 1 - CES Assigns Navigation

#### **Phase 2 - Navigator Verifies initial eligibility**

#### Phase 3 - Getting document ready

#### Phase 4 - Send referral to CES for review

#### **Housing First Interventions**



#### **Questions????**

Robin Daily Coordinated Entry Supervisor robin.daily@hsncfl.org





### HMIS Advisory Meeting (Major Topic - Referrals in HMIS)

Next meeting date:

#### Tuesday, Nov 14th, 2023 10:30 am to 12:00 pm

Help Desk: <u>hmis@hsncfl.org</u> or click the support button on our website! HMIS Guides, Documents, Training, Acronyms & More

hmiscfl.org

https://www.hmiscfl.org/training/datadefinitions/

#### **HSN HMIS Team**

Angel Jones HMIS Operations Manager

Agustin "Tino" Paz HMIS Senior Data Analyst

Ashley Brozenske HMIS Data Analyst I

Brittney Behr HMIS Project Coordinator Chuck Vroman HMIS System Success Specialist

Racquel McGlashen HMIS Partner Success Specialist

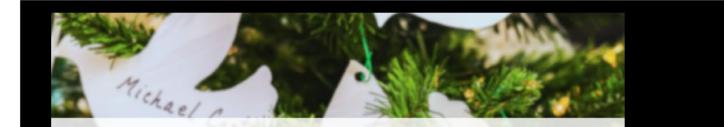
Tyler Claitt HMIS Partner Support Specialist



#### Announcements!

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#### HOMELESS PERSONS' MEMORIAL SERVICE



#### 2023 Homeless Persons' Memorial Service

Wednesday, December 13, 2023 9:30 a.m. - 10:30 a.m. Heritage Square Park 65 E. Central Blvd. Orlando, FL 32801 Email names of deceased to reservations@ idignity.org



HOMELESS SERVICES NETWORK PRESENTS

# BRIGHTER DRUS OWNER DRUS

NOV 4, 2023 | SATURDAY 11 AM - 4 PM

GRAND AVENUE NEIGHBORHOOD CENTER 800 GRAND STREET, ORLANDO, FL 32805

FOOD | MUSIC | ACTIVITIES | COMMUNITY RESOURCES



FREE ENTRY FOR ALL

### FREE NUTRITION CLASSES



#### **SNAP-Ed Nutrition Education**

Second Harvest Food Bank of Central Florida is now offering SNAP-Ed Nutrition Education classes at partner organizations that serve clients receiving SNAP benefits or those eligible for SNAP benefits. Nutrition education can help SNAP-eligible Florida residents to incorporate more nutritious foods into their diet, adopt an active lifestyle, prevent chronic disease, manage a healthy weight and improve their quality of life. Classes are available for various age groups, such as youth/teens, families with children, adults and seniors.

#### Nutrition class information

- Classes are free
- ♦ Classes run approximately 20 minutes
- Schedule the classes when it's convenient for your organization
- Marketing materials provided
- Cooking demonstration supplies are provided
- Class curriculum is approved by Department of Children
- and Families (DCF)
- Educators can teach multiple classes at your facility
- A Handouts are available in English, Spanish and Creole

#### For more information: Contact the SNAP-Ed Nutrition Educator for your county

ORANGE & LAKE	<b>OSCEOLA &amp; SEMINOLE</b>	<b>VOLUSIA &amp; MARION</b>	BREVARD
Shavanna Burt-Miller	Abir Blaney	Doreen Bevans	Raven Ellis
407-561-3704	407-967-2629	407-360-1109	407-561-1157
SBurtmiller@feedhopenow.org	ABlaney@feedhopenow.org	DBevans@feedhopenow.org	REllis@feedhopenow.org

#### Available class topics Shopping and cooking healthy on budget

- How to read nutrition labels
  Reducing fat, sugar & sodium
  Diabetes, know the risks
  Gut health
- Choosing to eat whole foods
  Keep moving
- Healthy portion and serving sizes
  And more!

### SECOND HARVEST FOOD BANK



The Second Harvest Culinary Training Program is a 16-week continuing education opportunity offering adults facing barriers to employment with the culinary and life skills training needed to pursue a full-time sustainable career in the food industry, and is free of charge to qualified applicants.

Applications are being accepted for the following sessions:

May 8 - August 25, 2023 July 31 – November 17, 2023 October 23 – February 23, 2024 Start dates are subject to change.

May 1, 2023 July 24, 2023 October 16, 2023

Monday - Friday 8:30 AM - 2:00 PM Onsite at Second Harvest Food Bank



For more information please contact: Keonna Yearwood, KYearwood@FeedHopeNow.org, (407) 514-1037, or Katrina McGee, KMcGee@FeedHopeNow.org, (407) 514-1071.

ELIGIBILITY REQUIREMENTS • Minimum 18 years of age • Authorized to work in the United States

• Have experienced financial instability (unemployment, low wage, government assistance, etc.) during the last 12 months

• Must not possess a criminal history involving arson, sexual battery or violent crimes. All other criminal activity records will be considered on a case-by-case basis Must agree to disclose and provide criminal history records

• Must agree to a background check and drug test • Must be drug and alcohol-free for at least one year prior to the application and enrolled in a rehabilitation support program

• High School Diploma or G.E.D. preferred, or the ability to meet minimum aptitude requirements based on curriculum needs

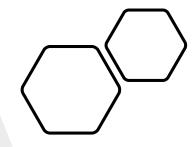
• Demonstrate an enthusiasm for and willingness to commit to the Program and food service industry Must have the physical ability to perform required kitchen duties as assigned, including standing for long periods of time, lifting (which may include up to 50 lbs.), bending and, on occasion, working in rooms with cool temperatures (below 40°F) Must be able to attend classes Monday through Friday, 8:30 A.M. to 2:00 P.M., for 16 weeks • Must be willing and able to work full-time upon completion of the Program



#### We believe in empowering the youth of today to help shape the safe spaces youth seek while experiencing homelessness. Join the Youth Action Society (YAS) and make the change.

Contact Aja Hunter to Join:





### Need PPE?

Let HSN meet your PPE needs!

- Reusable and Disposable Masks
- Hand Sanitizer
- Gloves
- Need any? Let us know!

Contact Christopher.Fowler@hsncfl.org to arrange a pickup

### Next Meeting:

Tuesday, November 28th, 2023 9 to 10:30 am Location: Hybrid