

CFCH  
MEMBERS  
MEETING  
12/19/23





# Monthly Members Meeting

December 19th, 2023

# Agenda

Welcome & Introductions

Homelessness In The News

Point-In-Time (PIT) Count Update, Christian Goze and Victoria Corcino

PIT Count Snapshot, Tyler Claitt

New Domestic Violence and Human Trafficking Advisor, Jackie Ebert

Best Practices Spotlight, Alissa Kraman

Announcements



Welcome!

# Homelessness In The News

Kate Santich, Homeless  
Services Network



# Homelessness in the NEWS

*What you need to know*



# HUD No. 23-278 Press

## Release: January 2023

### Point-In-Time Count Report

- The report found **more than 650,000 people** were experiencing homelessness on a single night in January 2023, a **12% increase from 2022**.
- The rise in homelessness at the beginning of 2023 **continued a pre-pandemic trend from 2016 to 2020, when homelessness also increased**.
- HUD data indicates that the rise in overall homelessness is largely due to a sharp rise in the number of people who became homeless for the first time. Between federal fiscal years 2021 and 2022, the number of people who became newly homeless increased by 25%, even as the number of people who exited homelessness to permanent housing increased by 8%.



# Point-In-Time Count Update

Rashad Haynes, Christian  
Goze and Victoria Corcino,  
Homeless Services Network





# POINT APP – Volunteer Sign up Links

Orange: <https://dash.pointapp.org/events/99486>

Seminole: <https://dash.pointapp.org/events/100687>

Osceola: <https://dash.pointapp.org/events/100720>

# Point- In-Time Count

November 29<sup>th</sup> 1:30 PM – 2:30 PM

December 5<sup>th</sup> 2:00 PM – 3:00 PM

~~December 18<sup>th</sup> 1:30 PM – 2:30 PM~~

January 9<sup>th</sup> 1:30 PM – 2:30 PM

January 16<sup>th</sup> 1:30 PM – 2:30 PM

Meeting Dates subject to Change

# Meeting Dates for the Steering Committee

# PIT Count Snapshot

Tyler Claitt, Homeless  
Services Network



# New Domestic Violence & Human Trafficking Advisor

Jackie Ebert, Homeless  
Services Network

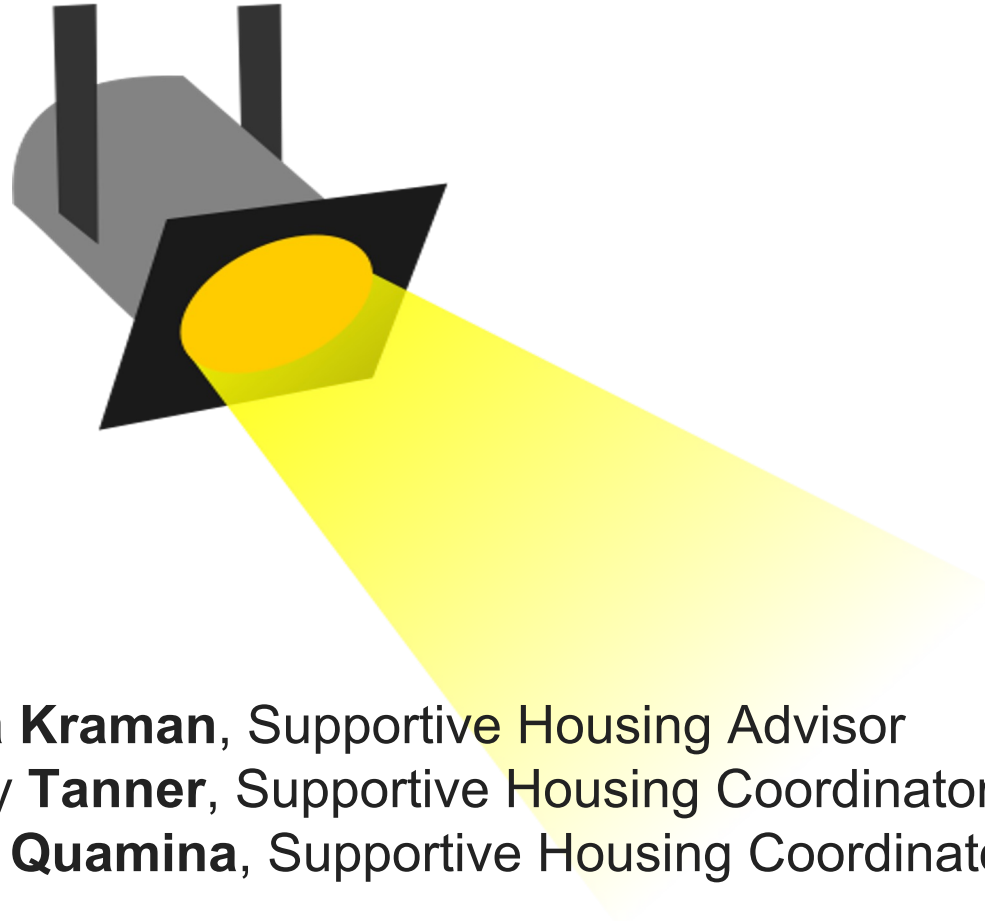


# Best Practices Spotlight

Alissa Kraman,  
Homeless Services  
Network



# SPOTLIGHT ON BEST PRACTICES



Alissa **Kraman**, Supportive Housing Advisor  
Ebony **Tanner**, Supportive Housing Coordinator  
Pavia **Quamina**, Supportive Housing Coordinator

## Core 4 - Best Practices

- **Trauma Informed Care** - Understanding the pervasive nature of trauma, recognizing the signs of trauma, and engaging in supportive practices that create safety and empowerment.
- **Person-centered/Strengths focused** - View people as unique and develop individualized interventions that identify and build on a person's capabilities.
- **Motivational Interviewing** - An approach that emphasizes skills to tap into a person's own motivation for change.
- **Harm Reduction** - Practical strategies aimed at reducing negative consequences of risky behaviors.



# Best Practices

- **We see best outcomes when we use fidelity**
- Practice, practice, practice...
- Science tells us we need:
  - To apply what we learn to real situations to help retain information
  - Positive reinforcement when we do well
  - Support to keep trying when we find something challenging
  - Guidance when there are changes we need to make



# Best Practices – Chat - What does it LOOK like???

- How do we know that someone is using Trauma Informed Care? What did they say or do?
- What is a Person Centered approach that you have observed?
- What do you SEE or HEAR when someone on your team is embracing Motivational Interviewing skills?
- What are examples of harm reduction in our daily interactions with participants?



# Best Practices - What does it LOOK like???

- Asking open ended questions like, “What has happened in your life that was challenging?”
- Creating a plan with an individual that includes people who they trust to support them.
- Listening and using reflections to allow the individual to clarify so we fully understand their point of view.
- Explore strategies with the individual to reduce harm of risky behaviors- Does the individual have a friend who can look out for them when they use? Where can they smoke, that won't jeopardize their housing?, etc.



# SPOTLIGHT

- **We want to hear from you!**

- Link to nominate:

[CLICK HERE TO NOMINATE](#)

- First “Spotlight” will be shared during Feb CFCH meeting and on social media.



# 2023 REFLECTIONS

What did you learn about your organization and its place in this work this year?

What was your organization's biggest highlight(s) or accomplishment(s) in 2023?

Have the CFCH members meetings been helpful for your organization?  
How have they been helpful?

What are you looking forward to in the 2024?

**Announcements!**

# FREE NUTRITION CLASSES



## SNAP-Ed Nutrition Education

Second Harvest Food Bank of Central Florida is now offering SNAP-Ed Nutrition Education classes at partner organizations that serve clients receiving SNAP benefits or those eligible for SNAP benefits. Nutrition education can help SNAP-eligible Florida residents to incorporate more nutritious foods into their diet, adopt an active lifestyle, prevent chronic disease, manage a healthy weight and improve their quality of life. Classes are available for various age groups, such as youth/teens, families with children, adults and seniors.

### Nutrition class information

- ◊ Classes are free
- ◊ Classes run approximately 20 minutes
- ◊ Schedule the classes when it's convenient for your organization
- ◊ Marketing materials provided
- ◊ Cooking demonstration supplies are provided
- ◊ Class curriculum is approved by Department of Children and Families (DCF)
- ◊ Educators can teach multiple classes at your facility
- ◊ Handouts are available in English, Spanish and Creole

### Available class topics

- ◊ Shopping and cooking healthy on budget
- ◊ How to read nutrition labels
- ◊ Reducing fat, sugar & sodium
- ◊ Diabetes, know the risks
- ◊ Gut health
- ◊ Choosing to eat whole foods
- ◊ Keep moving
- ◊ Healthy portion and serving sizes
- ◊ And more!

### For more information: Contact the SNAP-Ed Nutrition Educator for your county

#### ORANGE & LAKE

Shavanna Burt-Miller  
407-561-3704  
SBurtmiller@feedhopenow.org

#### OSCEOLA & SEMINOLE

Abir Blaney  
407-967-2629  
ABlaney@feedhopenow.org

#### VOLUSIA & MARION

Doreen Bevans  
407-360-1109  
DBevans@feedhopenow.org

#### BREVARD

Raven Ellis  
407-561-1157  
REllis@feedhopenow.org



# SECOND HARVEST FOOD BANK



**40 YEARS** Second Harvest FOOD BANK OF CENTRAL FLORIDA

## CULINARY TRAINING PROGRAM

The Second Harvest Culinary Training Program is a 16-week continuing education opportunity offering adults facing barriers to employment with the culinary and life skills training needed to pursue a full-time sustainable career in the food industry, and is free of charge to qualified applicants.

### ENROLL TODAY!

Applications are being accepted for the following sessions:

**Session Dates**  
October 30, 2023 - March 1, 2024  
February 12, 2024 - May 31, 2024  
May 6, 2024 - August 23, 2024  
*Start dates are subject to change.*

**Application Deadlines**  
October 23, 2023  
February 5, 2024  
April 29, 2024

**Class Schedule**  
Monday - Friday  
8:30 AM - 2:00 PM  
Onsite at Second Harvest Food Bank

### ELIGIBILITY REQUIREMENTS

- Minimum 18 years of age
- Authorized to work in the United States
- Have experienced financial instability (unemployment, low wage, government assistance, etc.) during the last 12 months
- Must not possess a criminal history involving arson, sexual battery or violent crimes. All other criminal activity records will be considered on a case-by-case basis
- Must agree to disclose and provide criminal history records
- Must agree to a background check and drug test
- Must be drug and alcohol-free for at least one year prior to the application and enrolled in a rehabilitation support program
- High School Diploma or G.E.D. preferred, or the ability to meet minimum aptitude requirements based on curriculum needs
- Demonstrate an enthusiasm for and willingness to commit to the Program and food service industry
- Must have the physical ability to perform required kitchen duties as assigned, including standing for long periods of time, lifting (which may include up to 50 lbs.), bending and, on occasion, working in rooms with cool temperatures (below 40°F)
- Must be able to attend classes Monday through Friday, 8:30 A.M. to 2:00 P.M., for 16 weeks
- Must be willing and able to work full-time upon completion of the Program

### HOW TO APPLY

**In Person:** 411 Mercy Drive, Orlando, FL 32805  
**Online:** Fill out the pre application form at [FeedHopeNow.org/CTPapp](https://FeedHopeNow.org/CTPapp)



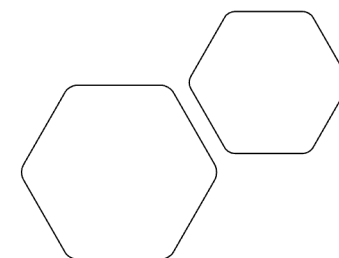
For more information please contact: Keonna Yearwood, [KYearwood@FeedHopeNow.org](mailto:KYearwood@FeedHopeNow.org), (407) 514-1037, or Katrina McGee, [KMCGee@FeedHopeNow.org](mailto:KMCGee@FeedHopeNow.org), (407) 514-1071.



*Join Us!*

**We believe in empowering the youth of today to help shape the safe spaces youth seek while experiencing homelessness. Join the Youth Action Society (YAS) and make the change.**

**Contact Aja Hunter to Join:**  
[aja.hunter@hsncfl.org](mailto:aja.hunter@hsncfl.org)



# Next Meeting:

Tuesday, February  
27th, 2024  
9:00 to 10:30 am  
Location: Hybrid

